



## SERVICE CONTENT & REGISTRATION

### TRIATHLON CAMP

24<sup>th</sup> OF APRIL - 1<sup>st</sup> OF MAY 2021 • SAMORIN • X-BIONIC® SPHERE RESORT • SLOVAKIA



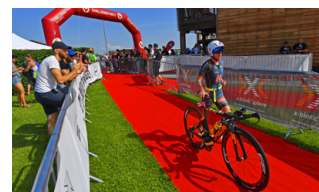
#### TRAINING PLAN BY HEAD COACH LUBOS BILEK

- 2004-2006 German Sport University Cologne
- 2006-2011 State Coach Triathlon, Baden-Wuerttemberg
- 2010 Triathlon Coach A-certificate
- 2011-2020 Triathlon Coach for amateur & professional athletes (lb-training.com) e.g. Sebastian Kienle, Andreas Böcherer, Richard Varga, Ricarda Lisk, Maurice Clavel, Manuel Küng



#### At full speed to season-highlight!

The competition-specific preparation camp is for all ambitious triathletes, who are specifically targeting the [Challenge Championship](#) or athletes, who want to prepare for their personal highlight of the season.



#### Training package

- ✓ professional training conditions with top-qualified Czech and Slovak world-class athletes and coaches (Petr Vabrousek, Lubos Bilek, Richard & Michal Varga or equivalent)
- ✓ specific cycling and running sessions including coupling training and two training sessions on the running track at the X-Bionic Sphere Resort
- ✓ 4 swimming sessions in the 50m pool of the X-Bionic Sphere Resort
- ✓ a presentation of the [Challenge Championship](#) in Samorin
- ✓ lecture by Petr Vabrousek about his unique career in triathlon & ultra running
- ✓ 2x bus shuttle services incl. bike transport to the competition routes of the [Austria Triathlon Podersdorf](#) & the [Slovakman Triathlon Piestany](#) – a unique chance to get to know the routes of three legendary races in one week!
- ✓ talk-to-the-pro-rounds on triathlon-specific topics (training, regeneration, nutrition)
- ✓ welcome event incl. welcome drink (trainer introduction, further instructions, group division, discussion of the training plan)
- ✓ welcome gift by TRAVELLING TO SUCCESS
- ✓ lots of fun, networking and socializing within and outside training sessions





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## Prices

	incl. training package	without training package
single room	1.169 €	1.044 €
double room	819 €	694 €
three-bed room	699 €	574 €
four-bed room	644 €	519 €

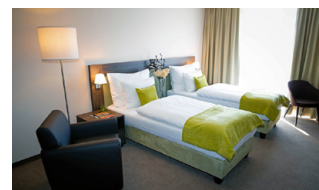


## Accommodation

- ✓ 7 nights in the luxurious X-Bionic® hotel at X-Bionic® Sphere Resort including full board in buffet form and drinks
- ✓ free WiFi & free parking
- ✓ private use of the large and well equipped fitness center

for a fee:

- ✓ use of the wellness area for 25 € / person (3 hours)
- ✓ use of other sports facilities depending on availability
- ✓ bike rental for private rides



## Important note

We are constantly monitoring the current situation and checking, whether the camp can be realized. The safety of all participants and coaches is our highest priority. Therefore, TRAVELLING TO SUCCESS will only cancel the camp due to few numbers of registrations or if the health risk is considered too high. Training units may be canceled due to bad weather conditions. There is no entitlement to repayment; a replacement program will be offered. Subject to changes without notice.



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# REGISTRATION FORM

## TRIATHLON CAMP

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**Registration data camp participant** (please fill out ONE form per camp participant)

name				surname			
street, no.				code, place			
phone				mobile			
email				date of birth			
club							
association				room option	single	double	3bed 4bed
licensee	Yes	No	companion	preferred roommate 1			
license-no.				preferred roommate 2			
				preferred roommate 3			

### Your tour operator

**SOCCATOURS GmbH** (Traunstein HRB 19338)  
Mangfallstraße 37 | 83026 Rosenheim | Germany  
fon 49 (0)8031 237 89-25 | fax -29  
mail [team@triathlon-trainingslager.com](mailto:team@triathlon-trainingslager.com)  
web [www.triathlon-trainingslager.com](http://www.triathlon-trainingslager.com)



Great to have you here!  
Any questions left? Our triathlon expert  
Philipp Breyer will be happy to help you.

date, place

signature

A travel agreement will be concluded only, if our booking confirmation is received. With registration for the triathlon camp, I agree that my registration data will be sent to the on-site organization team for the best possible organizational and handling purposes. SOCCATOURS GmbH may use images and video recordings during the camp for advertising purposes without restriction will. For regular information on our triathlon camps, please subscribe to our newsletter [here](#).

I hereby take note of the [general business, travel and insurance conditions](#), [pre-contractual information](#) and [legal information](#) on data protection.

**Covid19 note:** Furthermore, there is the right to reimbursement in the event of a travel warning in the place of destination for the duration of the training camp. In addition, SOCCATOURS offers a special package by its Allianz insurance partner, which covers the personal quarantine. Detailed information is available at [www.allianz-reiseversicherung.de/hilfe-und-service/coronavirus-info.html](http://www.allianz-reiseversicherung.de/hilfe-und-service/coronavirus-info.html).

Please send back to: [team@triathlon-trainingslager.com](mailto:team@triathlon-trainingslager.com)