

Athlete Guide



The Championship
27.8. - 29.8.2021
Challenge Šamorín



Olympic Training
Center Slovakia



x-bionic® sphere



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THE CHAMPIONSHIP



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THE CHAMPIONSHIP



Welcome to THE CHAMPIONSHIP 2021 at the amazing x-bionic® sphere



It is with great pleasure that we welcome you to the x-bionic-sphere® here in Samorin, Slovakia for the fourth edition of THE CHAMPIONSHIP.

We all know why we weren't able to be here in 2020, and we won't dwell on that, instead we are thankful to be able to be here together, celebrating the sport we love in the remarkable surroundings of the x-bionic-sphere®.

And we are grateful to you, the athletes, for making the journey to Samorin. You join over 1,000 fellow athletes from 53 nations for what promises to be one of the most extraordinary weekends of triathlon the world has ever seen with the ground-breaking Collins Cup and THE CHAMPIONSHIP attracting the best of the best in two exciting showdowns. We know the amount of hard work, dedication and sacrifices you have made to make it to the start line, and we couldn't be happier to be able to deliver you a world-class race.

THE CHAMPIONSHIP will also broadcast live around the globe via our online livestream, allowing the many who wanted to be here, but couldn't, the opportunity to be part of the action.

CHALLENGE FAMILY is all about the athlete and I know you will experience this for yourself with the friendly, welcoming and inclusive atmosphere that prevails at all our races around the globe. Here, that welcome is not only extended by CHALLENGE FAMILY but also the team at x-bionic sphere®.

Special thanks to Mr Mario Hoffman and his team who have created a world-class event, despite these testing times, and to the countless volunteers, local stakeholders, sponsors as well as the local community for their support.

Like you, I am excited to see what this race brings, and whether you are the first elite athlete across the line or the last age-grouper who has fulfilled your dream of racing THE CHAMPIONSHIP alongside the world's best, we all share the same passion, focus and determination to deliver excellence, whatever that looks like for each of us. Together, we are triathlon.

Jort Vlam
CEO – Challenge Family



THE CHAMPIONSHIP



A WARM WELCOME FROM THE CHAIRMAN OF THE BOARD of x-bionic® sphere



Dear sports enthusiasts

It is a great honor for the team of x-bionic® sphere to welcome again the World's triathlon elite in Samorin!

This year we will host a milestone in Triathlon - with two spectacular events together, the PTO`s inaugural COLLINS-Cup and THE CHAMPIONSHIP at one weekend!

We are proud to announce also that x-bionic® sphere has obtained a ten-year license to organize The Championship. Since 2017 - together with the team of CHALLENGEFAMILY - we are trying to create year by year professional conditions for triathletes and an exciting atmosphere for their families and teams, to enjoy this amazing event as much as possible.

I hope that every single triathlete will be satisfied with her/his given performance, and completes the triathlon full of joy and without injury. I also wish that the triathletes will enjoy the amazing ambiance that the spectators create alongside the track. Spectators are equally important to us here at x-bionic® sphere, besides relishing a great sporting experience, they can choose and join different side events or enjoy the accompanying program in order to experience just how extraordinary feels.

I would like to thank our partners for their support, in these times more than ever.....we would not have been able to organize such an event without their cooperation & support.

I am looking forward to seeing all of the great results and an unforgettable atmosphere.

Richard Ungerhofer
Chairman x-bionic sphere



INTRODUCTION

This Athlete Guidebook contains very important information regarding the preparation for your race. The most important parts are:

- The program
- Cut-off times
- Registration process
(Please do NOT forget your legal identification and your licence of your national triathlon federation)
- The rules and regulations
- Timing chip attachment

If you are competing in the relay, the information in this guidebook is also applicable to you and your team.

Besides reading this guidebook, you're strongly advised to be present during the Race Briefings on:

Race Briefing for Pro Athletes

Friday (27th August) at 11.00 in Innovation meeting room. It is mandatory for all pro athletes to attend the race briefing. If an athlete miss the briefing without informing the technical delegate at thechampionship@challenge-family.com will be removed from the start list. Athletes who informed the technical delegate about their delay and who are coming after the start of the briefing will be time-penalized at T1.

Race Briefing for Age Group Athletes

Briefings for athletes will be uploaded on thechampionship.de and in the [Challenge Family app](#) on Wednesday August 25th. Followed by an online Q&A on Friday August 27th from 10:00-11:00 at the [Challenge Samorin Instagram](#).

During these briefings, we will provide you with the latest information on the course, rules, and regulations.

EMERGENCY

Emergency numbers in case of any emergency (SVK, ENG):

+421 911 011 697

+421 901 971 122

LIVE STREAM

Live stream will be available on the website: live.challenge-family.com and CHALLENGEFAMILY mobile app. The new CHALLENGEFAMILY App is available for download from the [Apple AppStore](#) or the [Google Play Store](#).

EVENT TIMETABLE

For full event timetable please visit the website thechampionship.de

PRE EVENT INFORMATION

Transfer Service

For any transfer inquiries, please visit our hotel reception or web: <https://www.carsen.sk/en/>

Race venue map



Rules and Regulations

The Race is following the World Triathlon rules. (https://www.triathlon.org/uploads/docs/World_Triathlon_Sport_Competition_Rules_2020_201811253.pdf)

For a smooth and sporty course of the event, we feel compelled to draw your attention to some important rules:

- Participation in the event is at the participant's own risk.
- The participant grants indemnity to the organization against all liability and claims possibly resulting from participation in the event.
- The officials have the right to disqualify participants for reasons of misbehaviour during or before the race.
- The race directors have the right to withdraw participants from the competition for the latter's personal protection, e.g. for medical reasons.
- You shall adhere to the directions, instructions and rules of the officials (who can be recognized by clothing marked 'TECHNICAL OFFICIAL') under penalty of disqualification.

These include among others:

- The front of your Trisuit needs to be closed (no bare chest) at the latest 200m before the finish;
- Music devices (iPod, phones, etc) with earphones are not allowed;
- Action cameras (GoPro's etc) attached to your bike or helmet are not allowed;
- Supporters are not allowed to accompany you on bike on the bike- and run course;
- If you are caught drafting on the bike course, you'll receive a blue card which implies a 5 minute penalty in the penalty box; it is the athlete's responsibility to serve the penalty. If the penalty was not served the athlete is disqualified;
If you are caught drafting 3 times and are shown a blue card 3 times you are disqualified;
- Blocking is prohibited! Blocking violation is punished by a yellow card (30 second in penalty box)
- The littering of trash during the competition outside the provided zones in transition area as well as at the beginning and ending of the aid stations of the bike and run courses will end in a disqualification.

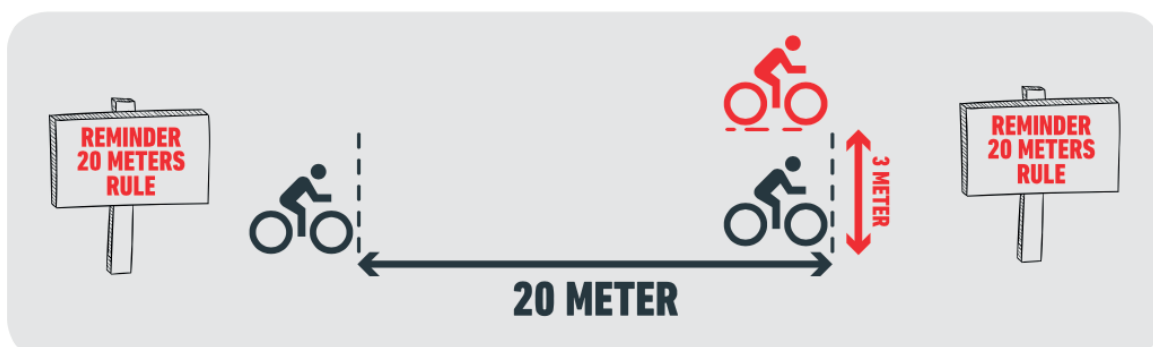
Penalties:

- Blue card means 5 minutes in the penalty box (for Drafting violation)
- Yellow card means 30 seconds in the penalty box (there are no penalty boxes on the bike course, all penalties have to be suffered on the run course)

World Triathlon RULE EXCEPTIONS:

At THECHAMPIONSHIP we allow you to cross the finish line with your family. However, we also ask you to consider the other athletes in the race and allow them a safe finish too, try to limit blocking other athletes please.

THECHAMPIONSHIP is a non-drafting race. Instead of the common World Triathlon 12 meter drafting rule, we will work with a special 20m long, 3m wide anti drafting zone. This zone is from the front wheel of the leading athlete to the front wheel of the overtaking athlete. Overtaking should take place within 40 seconds. Blocking is prohibited.





Athletes Checklist

RACE DAY CHECKLIST

TRANSITION

- ✓ Transition Area (opening times are available at thechampionship.de)
- ✓ ID Wristband
- ✓ Nutrition to strap/secure to your bike
- ✓ Race number tattoo/decal on left upper arm and right upper arm

SWIM

- ✓ Race supplied Swim cap
- ✓ Timing Chip (applied to left ankle)
- ✓ Wetsuit (if applicable)
- ✓ Goggles

BIKE

- ✓ Bike seat post label
- ✓ Bike shoes (in red bag or clipped onto bike)
- ✓ Race Bib number (in red bag)
- ✓ Helmet (in red bag)
- ✓ Sunglasses (in red bag)
- ✓ Socks (in red bag)
- ✓ Clothing (in red bag)
- ✓ Nutrition & fluids (in red bag or on bike)

RUN

- ✓ Running shoes (in blue bag)
- ✓ Sunglasses (in blue bag)
- ✓ Hat (in blue bag)
- ✓ Socks (in blue bag)
- ✓ Clothing (in blue bag)
- ✓ Nutrition & fluids (in blue bag)

AFTER RACE

- ✓ Green After Race Bag, containing all of your post-race requirements & personal belongings including warm clothing. Please do not put any valuables into your race bags.

Information Desk

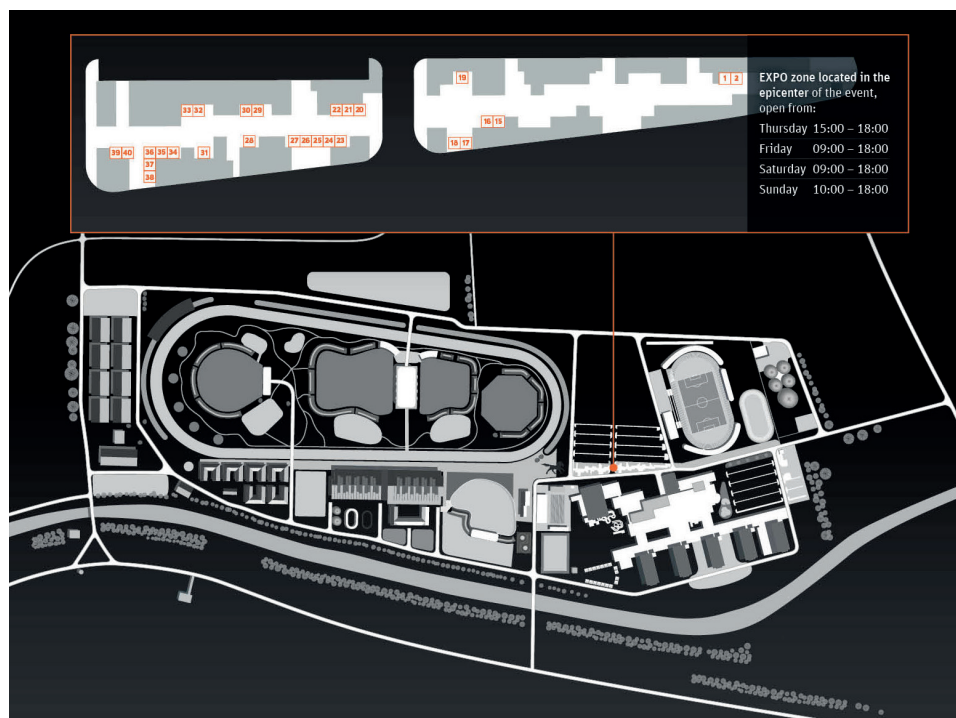
Our info desk is ready for you at the EXPO zone from Thursday until Sunday.

Parking

Sufficient Parking space is available at x-bionic® sphere.

EXPO

The Expo is located near the finish line.



EXPO

- 1 **INFO & X-CARD**
- 2 **Medal Engraving Service**

- 20-22 **Cyklospital**
- 23-25 **Challenge Family**
- 26-27 **Wahoo**
- 28 **Konope.co**
- 29-30 **Antik Telecom**
- 31 **Tri Shop**
- 32-33 **Challenge Peguera Mallorca**
- 34-38 **X-BIONIC®**
- 39-40 **Go Create Performance**

GASTRO

- 15 **Á la bonn´ galett´**
- 16 **Bramm**
- 17 **Twister bakery**
- 18 **Unas Street Food**
- 19 **Praclík**

Massage

After race massage is located in the Chill Out zone, directly after the finish. Please notice: the massages are only for immediate relief, they last up to 15 minutes, once you leave the Chill Out Zone, you can't go back in again. Applies to all races EXCEPT Try-athlon.

Medical

During the event our Medical Team will take the best care of our athletes. If you have special medical needs, please inform our Head Medic before you start the race. For all medical inquiries contact our head of medical team from

BH- RESCUE:

Name: Branislav Hrčka

Phone: +421 948 622 225

Email: rescuebh@rescue-bh.sk

In case you need medical assistance in the days before or after the race, please contact the reception of x-bionic® sphere.

Medal engraving

Personalized medal engraving is located at expo zone for only 10 €. You may purchase your engraving ticket directly at the expo zone.



Bike Mechanics

Cyklospital - professional bike service with PRO senior mechanics will be available next to the hotel entrance from Tuesday till Thursday (10 am to 2 pm) with hotline till 8 pm and from Friday to Sunday (9 am to 6 pm) at the EXPO zone. See the pricelist in the next page.

Athletes Registration

LOCATION: Congress Room: Energy

Don't forget to bring your personal identification and triathlon federation license card for validation purposes. You can store your bike in front of the hotel reception (use a lock) or in the hotel room (If you are accommodated). Wahoo will have their trainers next to registration and they might have 1-3 spare bikes but nothing else. Athletes from around the world won't bring a lock and if they are not staying at the hotel but want to test the trainers they won't be able to do both things the same day. If athletes come with their partners or family, they will have to wait outside with the bike.

The registration process takes place according to following steps:

Your entry information will be checked and you'll receive the necessities for racing in an envelope.

If you can't provide a triathlon union license card during the registration process, a day license must be acquired for Euro 10.00. (Will be provided by Slovak Triathlon Union at separated desk)

You will also be provided with three bags that are required during transitions and after the race.

Additionally you will get a voucher for your Athletes Gift, which you can pick up at the x-bionic® store (positions 34 38 at the EXPO zone)

At the final counter, you can buy additional entrance tickets for your families/friends to the Pasta Party (Euro 15 per Ticket), which takes place on Saturday evening. In case there is an issue with your registration, you will be assisted at this desk.

During the Registration Process you will receive all your race gear that you'll need during the race weekend. The race gear consists of the following items:

- a. Race bib number to be worn on your back during cycling and on your chest during running.
- b. Tattoos: decals with your bib number which need to be placed on your body: one on your left upper arm and one on your right upper arm (only the Relay swimmers have to place the tattoos on the upper arms).
- c. Saddle stem flag/label, to be placed under the saddle of your bike.
- d. Helmet race number stickers, to stick on the front, left and right side of your helmet.
- e. Swimming cap, to be worn during the swim course
- f. Three TA bags, to be used as follows:
 - Red = Containing bike outfit
 - Blue = Containing run outfit
 - Green = Containing After race outfit
- g. Athlete wristband that gives you access to participants' areas, to be worn around the wrist. This wristband will also give you access to the Pasta Party.
- h. Timing Chip must be worn on the left ankle
- i. Only official swimming cap, tattoos and stickers must be used. Using other equipment will be punished by DSQ

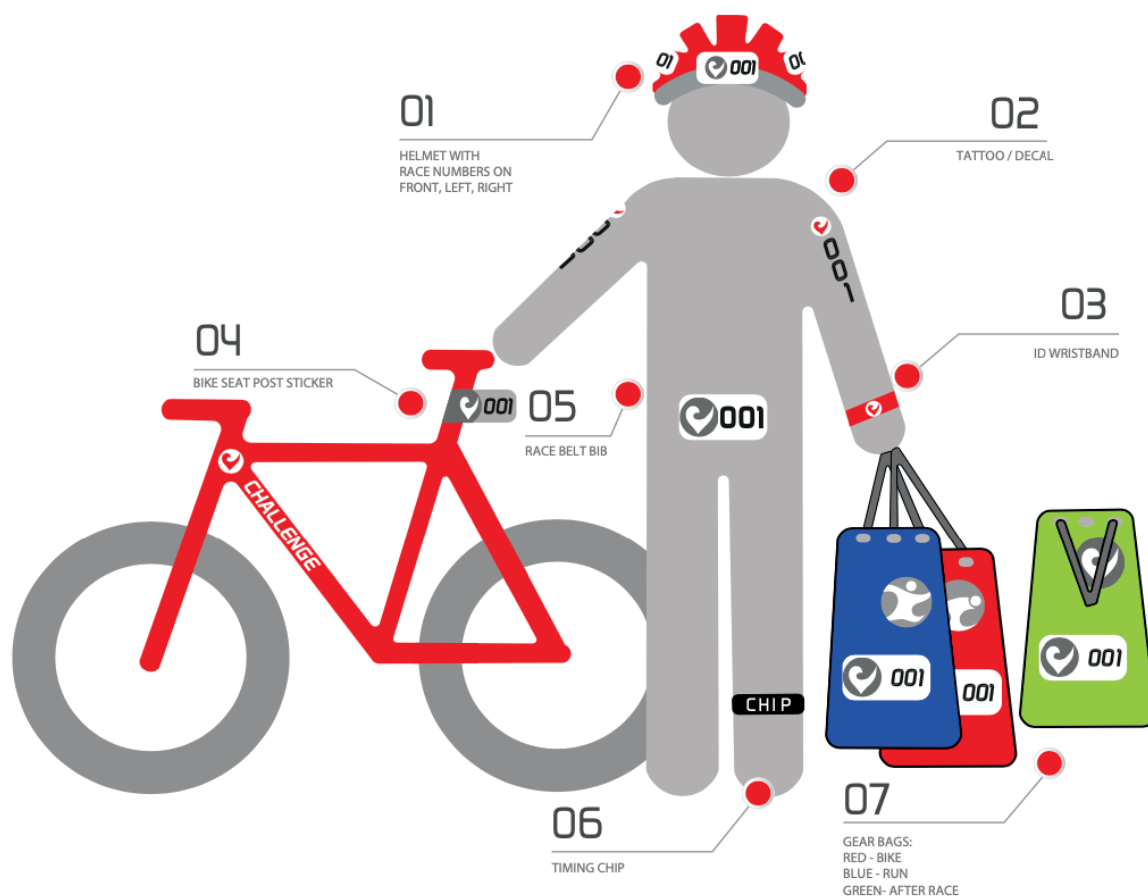
Please check to ensure that all these items are present. In case of deviations, please report this at the Information Desk.

Price list - service VAN



**Cyklo
spital**

PLU	Category	name of the product	Price
1	Service packages	Preventive control, inspection	14,90 €
2	Service packages	Small service operation	5,00 €
100	Brakes	Hydraulic brake adjustment	7,90 €
101	Brakes	Replacement of brake pads	10,00 €
102	Brakes	Disc cleaning	5,00 €
103	Brakes	Regrounding the brake pads	5,00 €
104	Brakes	Disc grinding, manual	5,00 €
105	Brakes	Shimano bleed (lever)	5,00 €
106	Brakes	DOT bleed, complete	15,00 €
107	Brakes	OIL bleed, complete	12,00 €
108	Brakes	Disc straightening	5,00 €
109	Brakes	Disc replacement	8,00 €
110	Brakes	V-Brake line replacement, external	8,90 €
111	Brakes	V-Brake line replacement, internal	14,90 €
112	Brakes	V-Brake adjustment (front / rear)	7,00 €
113	Brakes	V-Brake brake pad replacement, pair	5,90 €
200	Wheels	Flat tyre - tube repair	6,00 €
201	Wheels	Flat tyre - tubeless tyre repair	5,00 €
202	Wheels	Tube - replacement	5,00 €
203	Wheels	Tyre and tube replacement	7,00 €
204	Wheels	Adjusting tyre pressure	1,00 €
205	Wheels	Wheel true - adjustment	7,00 €
206	Wheels	Wheel true - full	15,00 €
207	Wheels	Cassette sprocket: assembly, disassembly	5,00 €
208	Wheels	Front hub, freehub: ball bearings service	6,90 €
209	Wheels	Front hub, freehub: cone service	11,90 €
210	Wheels	Freehub body: cleaning and lubrication	5,90 €
211	Wheels	Freehub: cones adjustment	3,00 €
212	Wheels	Spoke replacement / 1 pc	5,90 €
213	Wheels	Replacement of pressed bearings	15,00 €
214	Wheels	Adding sealant	5,90 €
215	Wheels	Tubular tyre - sealed replacement	17,90 €
300	Drivetrain	Derailleur hanger: straightening	5,00 €
301	Drivetrain	Derailleur: adjustment (fine)	5,90 €
302	Drivetrain	Derailleur: setup (complete)	7,50 €
303	Drivetrain	Derailleur: replacement	10,00 €
304	Drivetrain	Gears: surface cleaning	5,00 €
305	Drivetrain	DI2 settings, AXS, diagnostics	17,90 €
306	Drivetrain	Derailleur line replacement - outer	8,90 €
307	Drivetrain	Derailleur line replacement - inner	14,90 €
308	Drivetrain	Chain: Lubrication	2,00 €
309	Drivetrain	Chain: REX lubrication	5,00 €
310	Drivetrain	Chain: replacement / shortening	6,00 €
400	Cockpit	Cockpit settings - 1 operation (headset and handlebars)	5,00 €
500	Bottom bracket and crankset	Bottom bracket: cleaning and lubrication	15,00 €
501	Bottom bracket and crankset	Pedals: assembly, disassembly	3,00 €
502	Bottom bracket and crankset	Rear frame: replacement of ball bearings	75,00 €
503	Bottom bracket and crankset	Rear frame: cleaning and lubrication	35,00 €
600	Suspension	Fork / shock absorber: maintenance, adjustment	5,00 €
601	Suspension	Fork: small service	35,00 €
602	Suspension	Shock absorber: small service	45,00 €
700	Other	Full bike wash, detailing	35,00 €
701	Other	Rinse	5,00 €
702	Other	Other works (per minute)	0,65 €



Timing Info

The progress of your race is registered by Sportstats transponder attached to a soft rubber band with velcro. This transponder needs to be placed on your left ankle during all three parts of the race. As the chip is linked to your race number, please make sure the number the organization has matches the number on the chip. Otherwise your time cannot be registered correctly during the race.

Attachment of the velcro band and timing chip on the left ankle

LIVE timing is available on the website: <http://www.thechampionship.de> and **CHALLENGE FAMILY** mobile app.

Information for Relay Starters:

Each relay receives a transponder for the time-keeping. This transponder has the additional function of a relay baton, therefore it has to be handed over personal from swimmer to biker as well as from biker to runner. The handing over has to be made on the signed spaces of the biker resp. the runner in the transition area.



Withdrawal & Timing Chip

If you drop-out of the race, please inform one of the staff members on the course, at transition area, or at the finishline as soon as possible, and definitely before you go home, so we know that you are safe. Return your Timing Chip when checking out your bike. After the race you have to bring the timing chip to the bike check out to receive your bike.

Pasta Party sponsored by Gyermelyi

For all athletes of the Olympic and Sprint Distance, participation in the Carbo Loading party on Saturday is included in the entry fee. In addition, there are a limited number of tickets for accompanying persons. They are available at Euro 15.00 each at the registration office. Free entry for children under 12 years.

The Pasta Party takes place in Olym-Pick. Participants are offered all sorts of food to prepare them best for the Challenge of the next day. Entrance is only allowed with the Pasta Party ticket as handed out during registration.

Race Briefing

Race Briefing for Pro Athletes

Friday (27th August) at 11.00 in Innovation meeting room.

It is mandatory for all pro athletes to attend the race briefing. If an athlete miss the briefing without informing the technical delegate at thechampionship@challenge-family.com will be removed from the start list. Athletes who informed the technical delegate about their delay and who are coming after the start of the briefing will be time-penalized at T1. In case of absence on the briefing due to force majeure and informed the technical delegate about their absence before the briefing starts athletes may file an appeal against the decision of the head of referees on the time penalty at latest 2 hours before the competition starts.

Race Briefing for Agegroup Athletes

Briefings for athletes will be uploaded on thechampionship.de and in the Challenge Family app on Wednesday August 25th. Followed by an online Q&A on Friday August 27th from 10:00-11:00 at the [Challenge Samorin Instagram](#).

Bike Check-In

THE CHAMPIONSHIP, OPEN MIDDLE DISTANCE:

Saturday 9:00-12:00, 19:30-20:30 near the Farrier's Steak House in x-bionic® sphere. Athletes have to bring and present their bike, main bib number, helmet. Helmet needs to be checked in too and can't be taken out of TA after checking in and stickers with bib applied on both helmet and bike. Check-in won't be allowed in case of some part of the equipment will be missing.

NO BIKE CHECK-IN ON SUNDAY

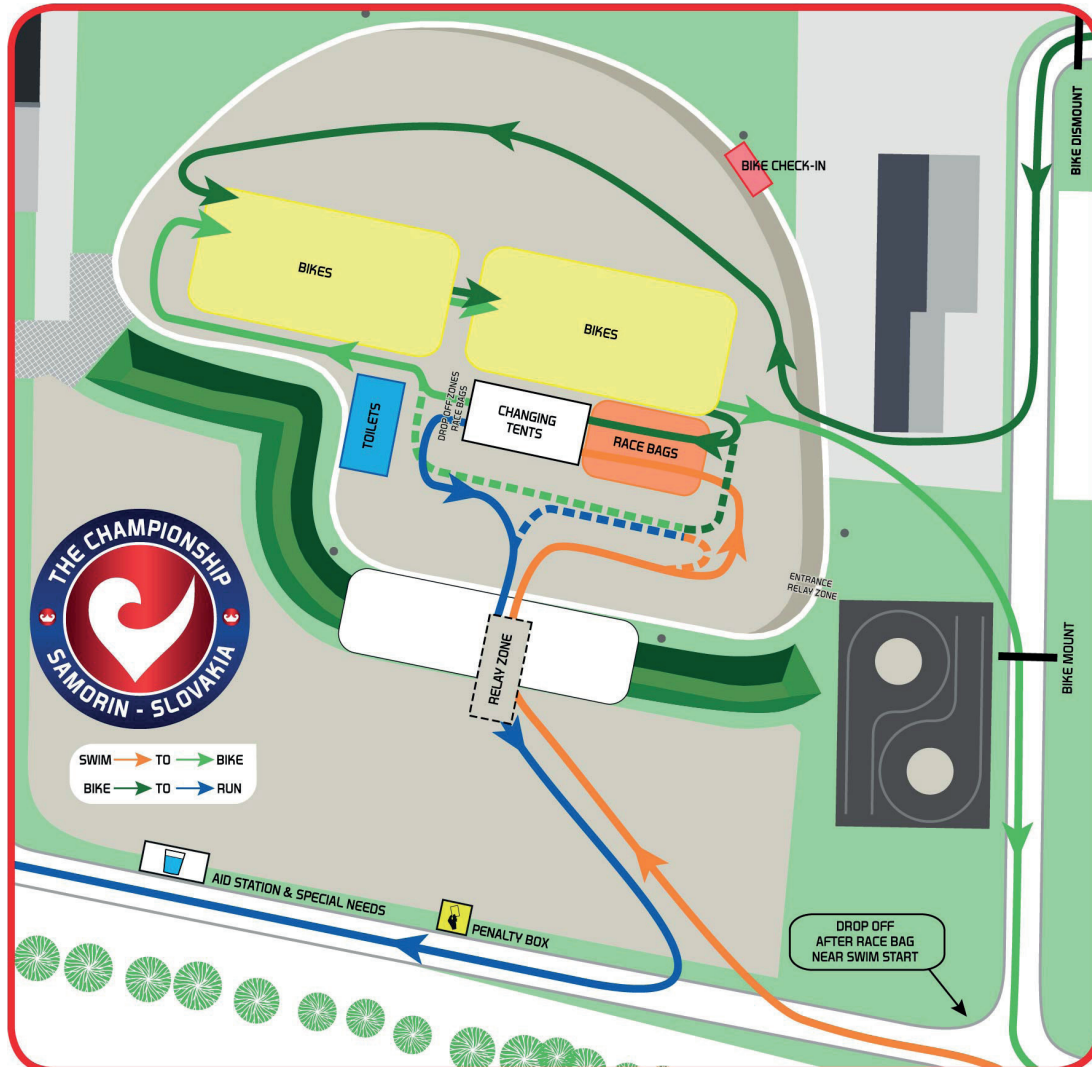
Athletes Bags can be checked in on 29th August between 6.30 a.m. and 9.00 a.m.

The bike check-in is located at the Farriers Arena at the top part of the Transition Area. At the bike check-in, your bike is checked for safety and adherence to the regulations as set out by the World Triathlon

Before checking-in your bike, make sure you have checked the following things:

- 1) Your bike is technically in order, e.g: your brakes are working and there are no open tubes on your handle bars.
- 2) The saddle stem flag/label is placed under your saddle.
- 3) On your head you have fastened your helmet containing 3 stickers with your bib number on the front, left and right sides.
- 4) You are carrying your own race bib number around your waist or in your hand.
- 5) Red and Blue bags can be placed on Sunday morning from 6.30 a.m. until 09.00 a.m. into transition zone.
- 6) There is no loose gear allowed on the ground in the Transition Area. Make sure everything is placed in the designated red or blue bag. Materials which are attached to your bike (shoes attached / helmets have to be placed in the bag / nutrition) are allowed.

Transition



During registration you will receive three differently coloured TA bags. These should be used as follows:

RED bag

Contains all your bike gear that cannot be fixed onto your bike. Included helmet. In the TA, no loose gear is allowed on the ground. This bag is stored in a rack indicated by your bib number in the TA. This bag should be placed on the lowest part of the rack. After the swim, this bag will contain all your swimming gear and can be left after the changing tent.

BLUE bag

Contains all your running gear. It is not allowed to leave this near your bike. This bag should be placed on the upper part of the rack. After the bike course, you put your bike gear in this bag and can be left after the changing tent.

GREEN bag

This bag contains your clean, dry clothes and materials that you need after the finish. This bag must be handed over just before the start (location: next to Swim entrance) and is NOT allowed on the rack in the Transition Area.

After the race, the green bags will be available to you in the Chill-out zone after the finish. The red and blue bags can be retrieved from the Transition Area where you've initially stored them.



THE CHAMPIONSHIP



RACE DAY INFORMATION

Race Bib

It is not allowed to carry your race bib during the swim.

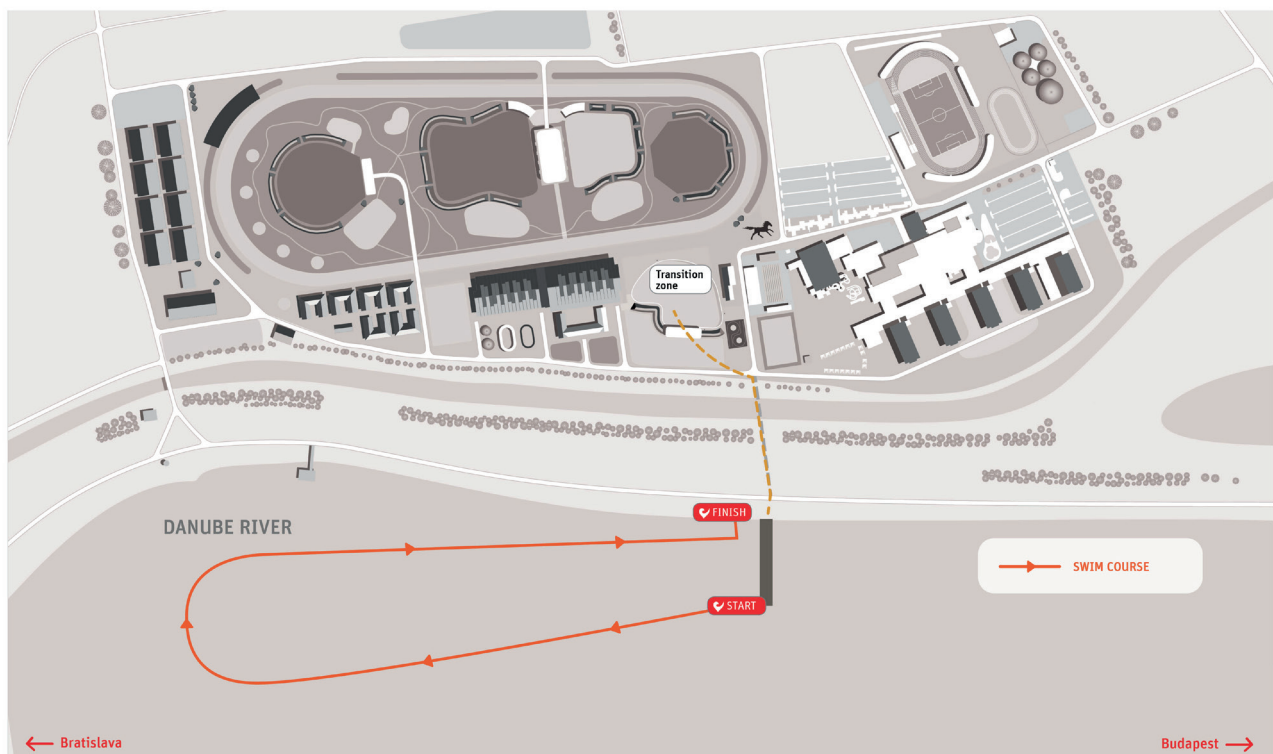
During the bike this is carried on the back and during the run it is carried on the front.

COURSE INFORMATION

Swim course



29th August, 2021
SWIM COURSE/ MIDDLE DISTANCE
course distance 1.9 km



WARM UP SWIM

Before the swim start there is only a limited possibility for a warming up swim. Preparing for the swim course is only possible during the Test Swim organized on Friday and Saturday before the race, from 7.00 am to 9.00 am.



SWIM START PROCEDURE

1. Swim start is located on the Danube river bank. Rolling start of 5 athletes every 5 seconds will be applied at the swim start. Jumping or a convenient way of entering the water after the start is allowed.
2. Before entering the water, all athletes must pass a TIMING registration mat to record their presence.
3. All Pro athletes are called to enter the water first; one-by-one in order of their race number. Rolling start doesn't apply to PRO athletes.
4. In the wave after the Pro's, several Age Group waves will be called onto the pontoon.
5. Start is signalled by a horn.

SWIM SUPPORT SWIM SAFETY

The swim course is guarded by lifeguards and medical staff on boats and supported by volunteers in kayaks. Are you having issues during the swim? Draw attention to the kayakers and they will come to your rescue.

SWIM RULES

Wetsuit use is governed by the following values:

Mandatory: 15.9 °C and below

Forbidden for Pro Athletes: 22.0 °C and above

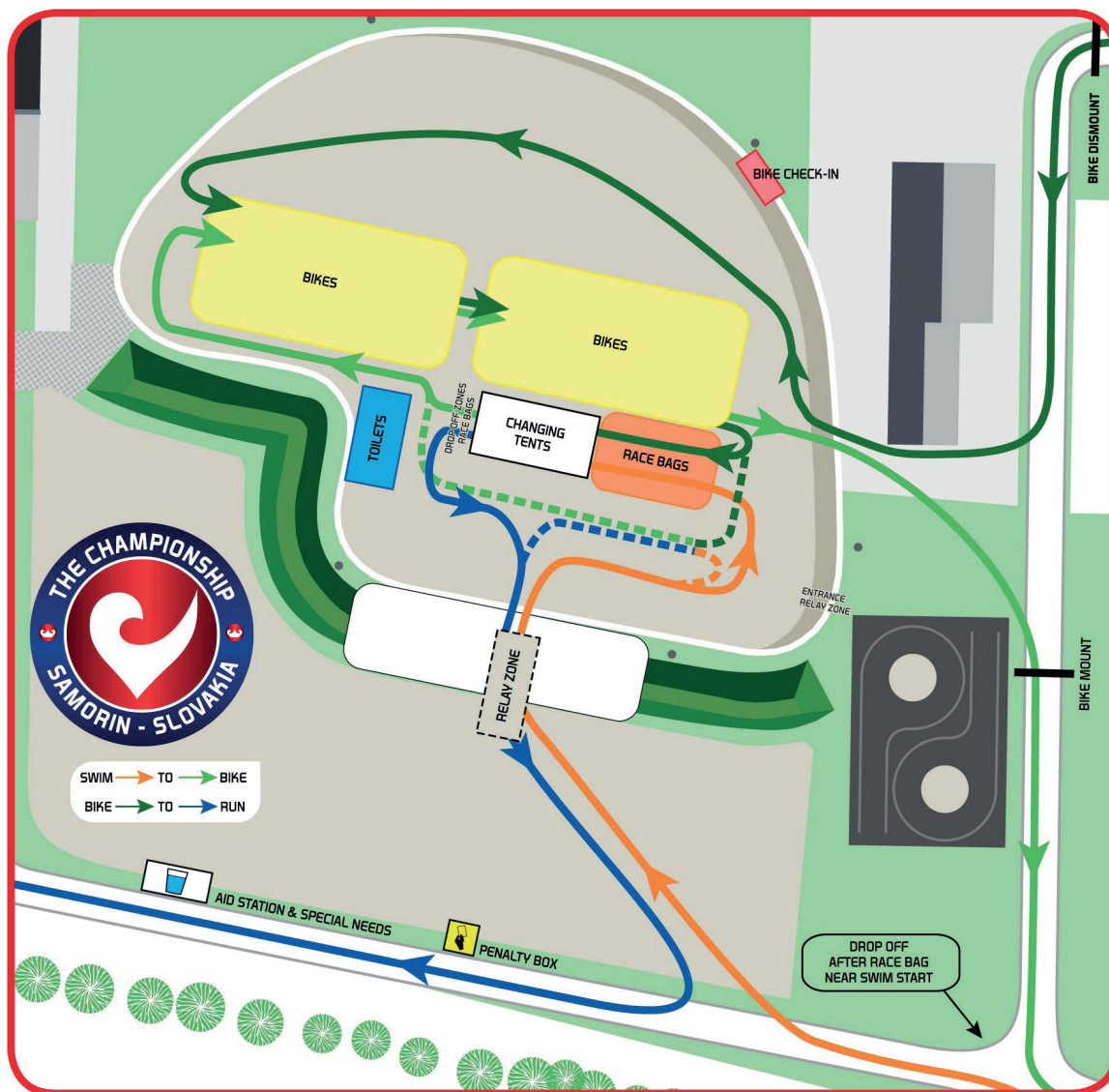
Forbidden for Age Group Athletes: 24.6 °C and above

The final decision will be published on the official board, the start and in the **transition zone 1** hour prior to the start.

CUT-OFF TIMES

Swim cut off is 1 hour after the start of the last starting wave.

Transition Swim to Bike



TRANSITION RULES

- Put all swim wear in **RED** bag.
- Wear helmet with fastened chin strap before getting the bike from the rack.
- One foot has to be on the ground after the mountline.

ADDITIONAL INFO FOR RELAY TEAM MEMBER

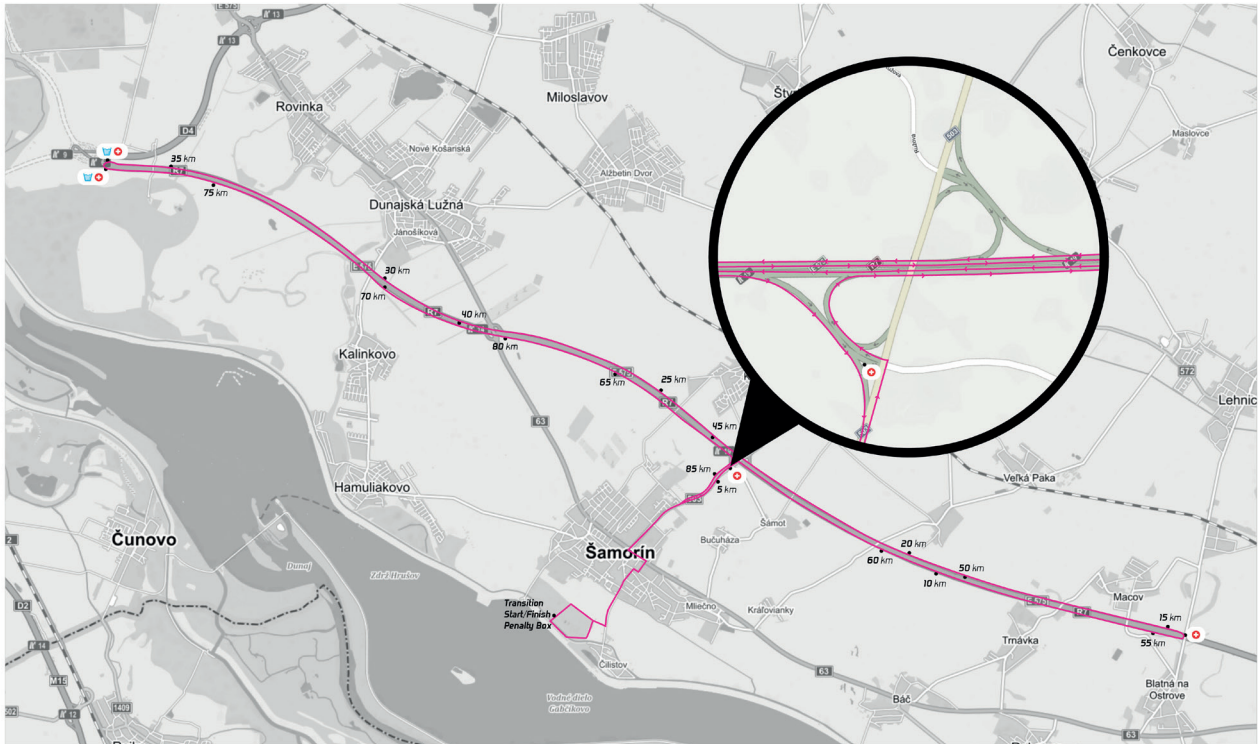
Transition for the Relay Teams is near the entrance of Transition Zone.

Each relay receives a transponder for the time-keeping. This transponder has the additional function of a relay baton, therefore it has to be handed over personally from swimmer to biker. The handing over has to be made on the signed spaces.

Bike course

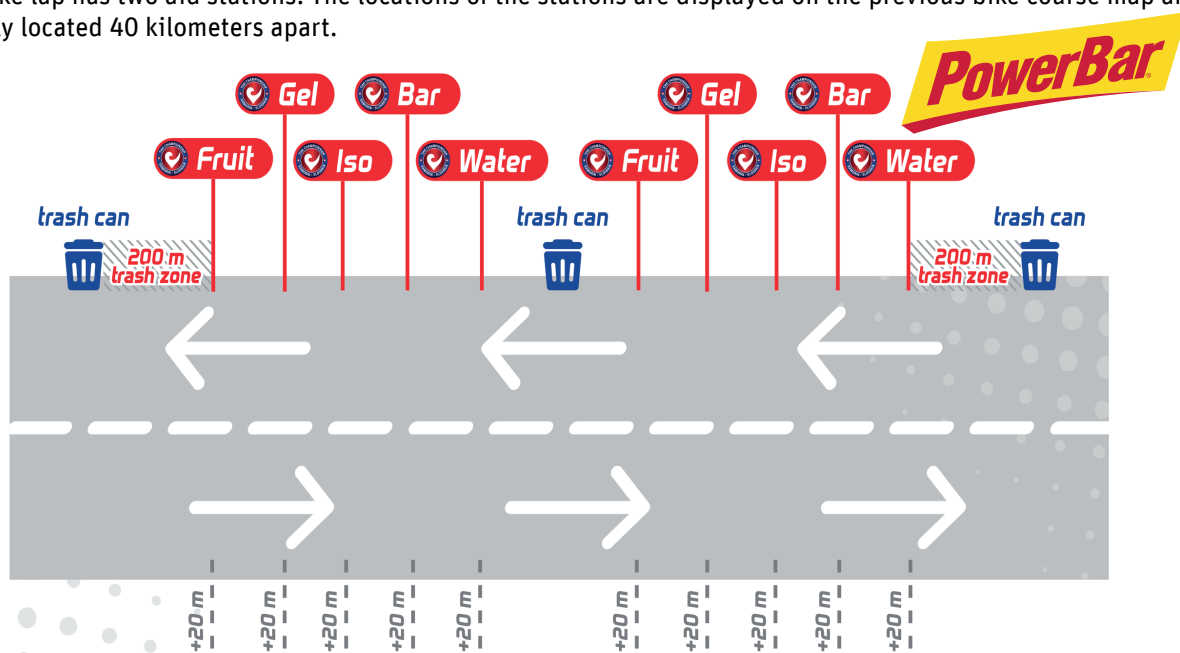


29th August, 2021
BIKE COURSE/MIDDLE DISTANCE
course distance 90 km/1 loop



BIKE COURSE AID STATIONS

The bike lap has two aid stations. The locations of the stations are displayed on the previous bike course map and are roughly located 40 kilometers apart.





Littering Zone

Please note that you're allowed to throw away your trash only in the special marked areas before and after an aid station. Do not litter the rest of the course with your garbage. In case you are spotted throwing away your materials like cups, sponges, drink bottles or empty gels, you get disqualified. This is in force for both the bike as well as the run course.

TRAFFIC, ROAD CLOSURES

The course is closed for traffic, but as an athlete we still ask you to keep to the right side of the road to allow for other athletes to pass you in the left side. Failure to follow instructions will be penalized for blocking by a yellow card. It is strictly forbidden to pass an athlete on the right side.

DISTANCE MARKERS

There will be distance markers every 5 km on the bike course.

COLLECTION CAR (BROOM CAR) INFORMATION

Please report to a volunteer at the bike course then you will be picked up by the Collection car.

BIKE RULES

- Drafting is prohibited! Minimum spacing 20 m long (front wheel to front wheel) overtaking time is maximum 40 seconds.
- On the bike course, the road traffic regulations are binding!

PENALTY BOX

Penalty box for penalties received at the bike course is located at the beginning of the run course. If an athlete gets a penalty, it's the athletes own responsibility to stop at the penalty box.

Regarding relay teams, the biker has to inform the runner independently and autonomously about his/her imposed time penalty.

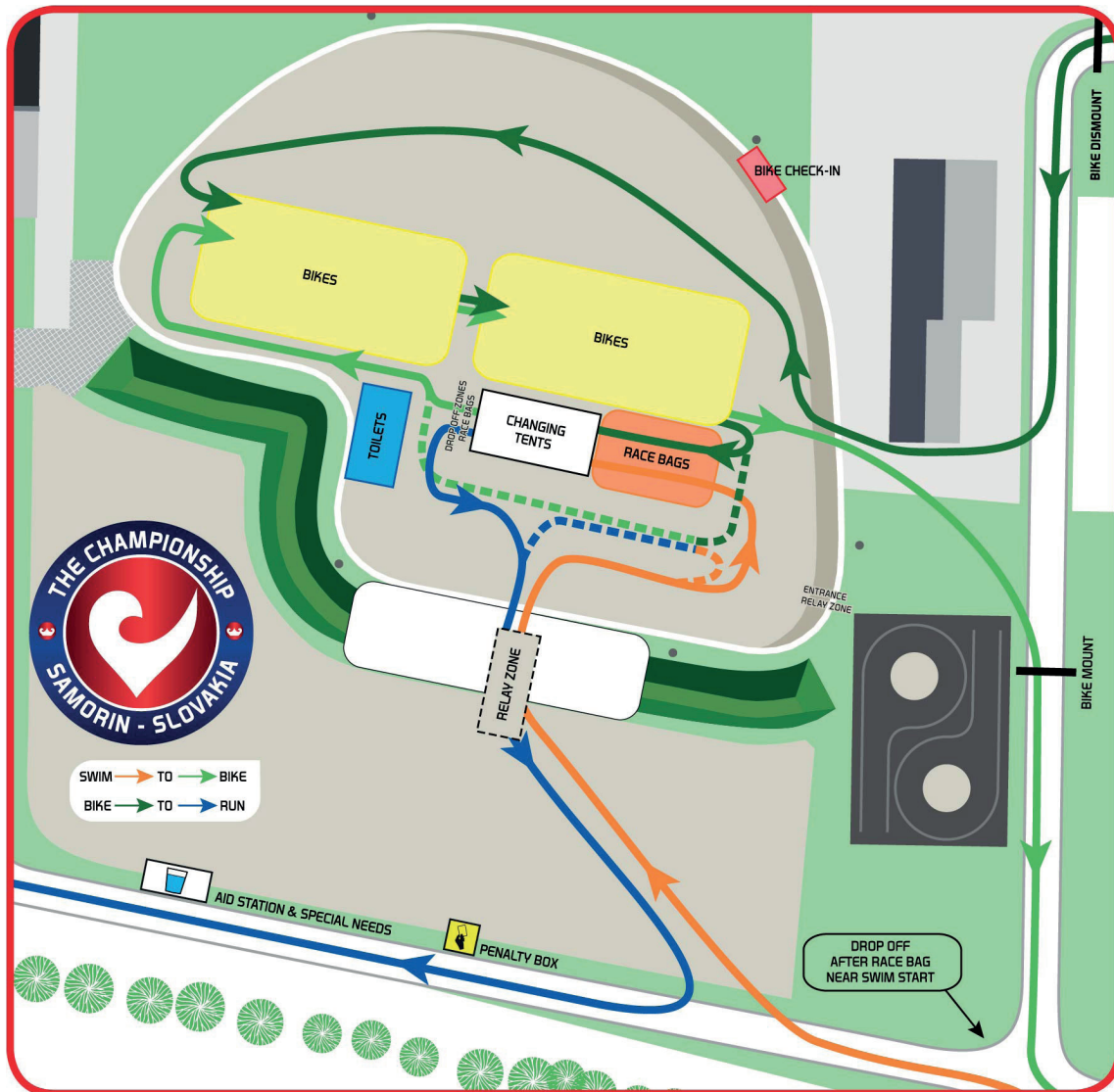
Penalties for professional athletes in transition area, mount and dismount will be signed on the penalty board. No cards will be given in this area. It is the athletes own responsibility to look at the penalty board at the penalty box. If the penalty is not taken, the athlete will be disqualified

CUT-OFF TIMES

Time limit / Cut Off times

Swimming:	1 hours 00 minutes / 12.00 a.m.
Swimming + biking:	5 hours 30 minutes / 16.30 p.m.
Swimming + biking + running:	8 hours 00 minutes / 19.00 p.m.

Transition Bike to Run



TRANSITION RULES

Dismount before dismount line. Keep helmet strapped until bike is racked at your own BIB number. Put all Bike wear in **BLUE** Bag (only shoes can stay attached to bike) but are not allowed to be left on the ground near the bike.

ADDITIONAL INFO FOR RELAY TEAM MEMBER

Transition for the Relay Teams is near the exit of Transition Zone. Each relay receives a transponder for the time-keeping. This transponder has the additional function of a relay baton, therefore it has to be handed over personal from biker to runner. The handing over has to be made on the signed spaces.



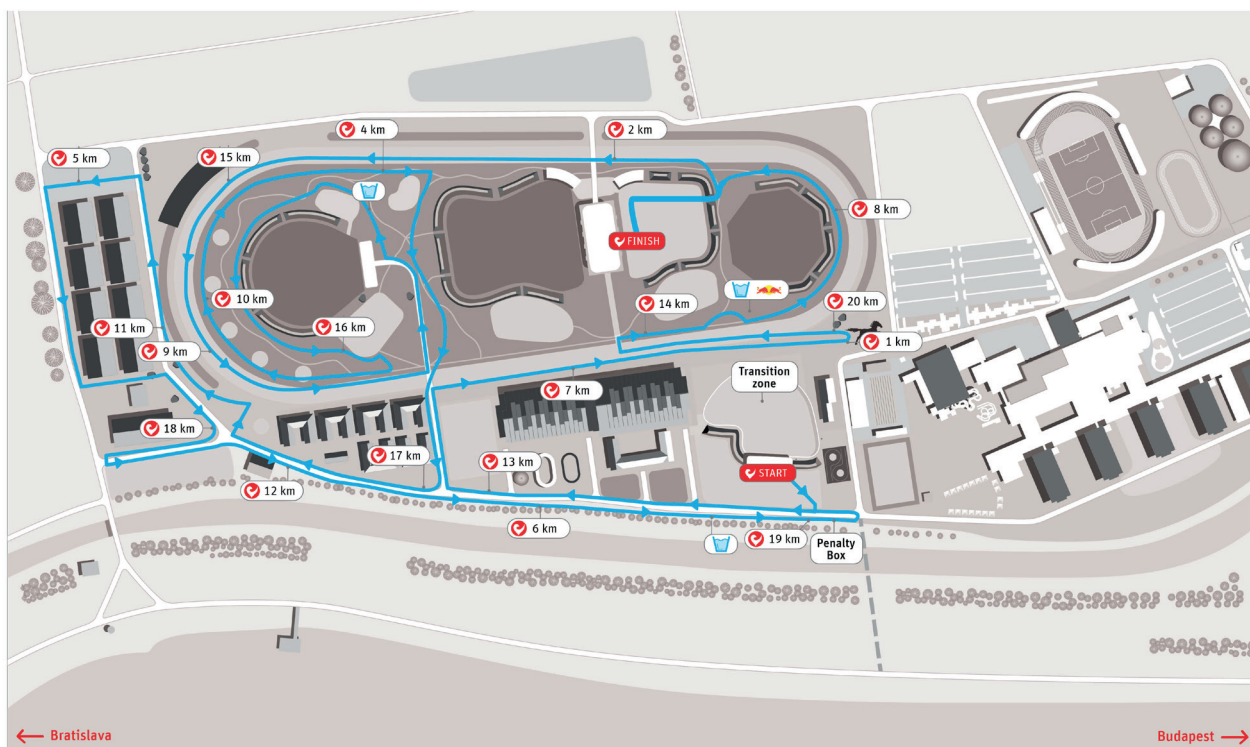
THE CHAMPIONSHIP



Run course

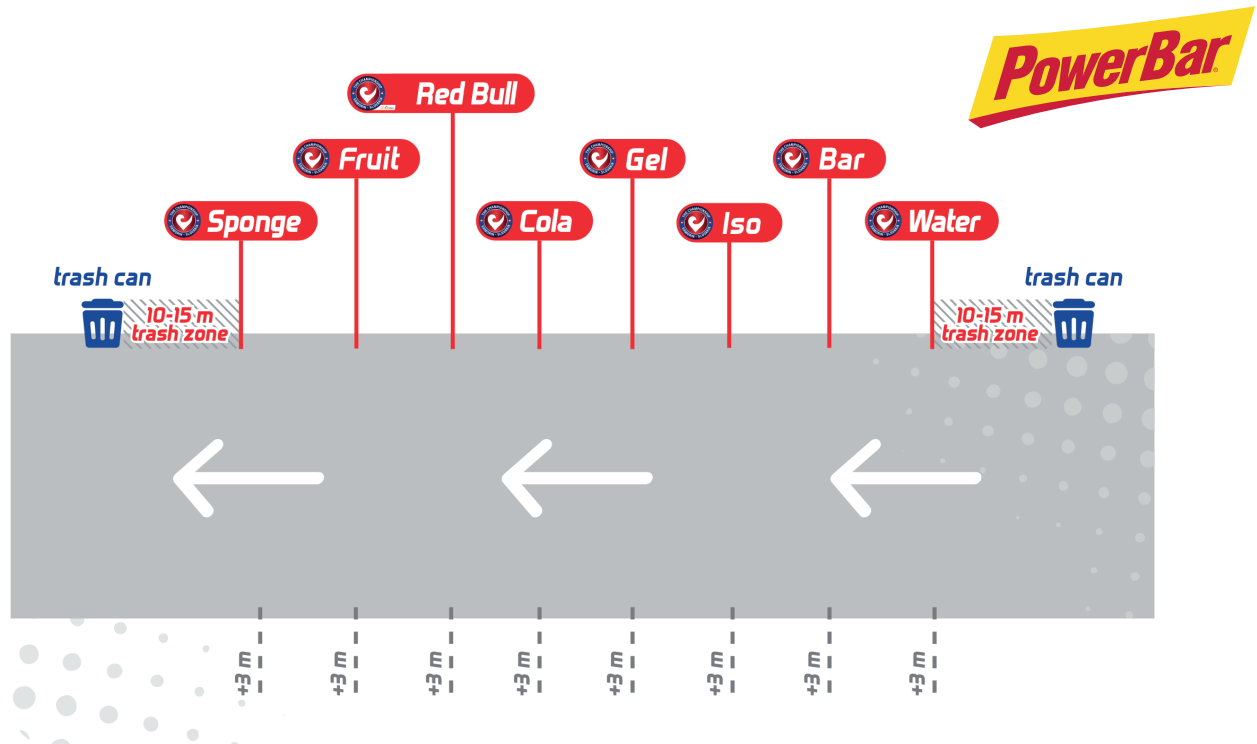


29th August, 2021
RUN COURSE/MIDDLE DISTANCE
course distance 21 km/3 loops



RUN COURSE AID STATIONS

On the run course, four aid stations are located approximately 2,5 kilometers apart from each other. Nutrition is served in the following order:



At the aid station will be served: Water, RedBull, Coca-cola, [PowerBar](#) (iso drink, bar, gel) and fruits. Check out the [Challenge Family Nutrition Guide](#) and some tips.

Info on Special Needs Station

Athletes can bring their own food and drink and ask accompanying people to pass them the food and drink at a special area at the first aid station (only on the run course). The special needs aid station is on the run course. Every athlete is asked to organize the provision of their own food and drink with the help of accompanying persons. The race organizer does not assume any responsibility for this private service. Please note that Referees will monitor the special needs aid station.

DISTANCE MARKERS

There will be distance markers every 1 km on the run course.

PENALTY BOX

There is one penalty box close to the first aid station on the run course.



THE CHAMPIONSHIP



POST RACE INFORMATION

Finish Line

Congratulations! You made it! Our volunteers are ready to assist you after you finish.

First, you'll receive your medal and finisher shirt. If you require immediate medical assistance, our volunteers will help you get to the medical center located near the finish line.

Directly next to the red carpet there's a Friends and Family Zone to meet-up your relatives and friends after the finish before you go to the Chill-out Zone. In the Chill-Out zone all sorts of refreshments are available for athletes only. Please note, that the Chill out zone is dedicated to athletes only, please ask your relatives to wait for you outside.

The green transition bag (as prepared before the race) is available at the Chill Out. Please make sure you have attached the sticker with your bib number on the bag, in order to retrieve it. When exiting the Chill-Out Zone, you can quickly reunite with your friends and relatives again.





Bike and Bag Collection

The bike check-out is located at the Transition Area. After the last bike-finish of the race, all athletes can retrieve their bikes from the Transition Area. You will only be allowed to collect your bike if you RETURN YOUR CHIP! You will be charged in case of loss. The Transition Area is only accessible by athletes wearing a participant bracelet. Bike pick-up is only possible with the BIB number and after returning your chip. Upon check-out, athletes are requested to pick up their bike, helmet, and red and blue transition bags.

Medal engraving

Medal engraving is located at expo zone.

Results

The results of the race will be available on our site: www.thechampionship.de and CHALLENGE FAMILY mobil app. The new CHALLENGEFAMILY App is available for download from the [Apple AppStore](#) or the [Google Play Store](#).

Finish Line Photo

Photos of THECHAMPIONSHIP are made by Marathon Photos. These will be made available to you by e-mail in the days after the race. After that you can decide to buy them and download a package or ordering special items.

At The Championship 2021 you can have a unique, personalized memento of your day. As you compete, cameras around the course will capture you at key points, following your progress so it is only you, and no-one else, who is the star of your film! Find out more [here](#).

Flower Ceremony

The Top 3 of Pro male and female athletes overall will have an award ceremony in the stadium on the race day itself. This award ceremony will be held as soon as the fastest three men and women have finished.

Awards Ceremony

The final Award Ceremony takes place on Sunday evening, August 29th, at Victory congress room at 7.30 p.m.

The winning pro-athletes and the winners in all Age Groups are celebrated during this ceremony.

Please be available to receive your award during this ceremony.

1.place	Euro 10.000	500 points	5.place	Euro 1.250	150 points
2.place	Euro 5.500	400 points	6.place	Euro 1.000	100 points
3.place	Euro 3.500	300 points	7.place	Euro 750	80 points
4.place	Euro 2.500	200 points	8.place	Euro 500	60 points

Age Group athletes can not win prize money. In the Age Groups, awards can be won in the following categories:

M/W18 — age 18 to 24	M/W40 — age 40 to 44	M/W55 — age 55 to 59	M/W70 — age 70 to 74
M/W25 — age 25 to 29	M/W45 — age 45 to 49	M/W60 — age 60 to 64	M/W75 — age 75 to 79
M/W30 — age 30 to 34	M/W50 — age 50 to 54	M/W65 — age 65 to 69	M/W80 — age 80 to 84
M/W 35 — age 35 to 39	Relay teams		



**OFFICIAL SIDE EVENTS
OF THE CHAMPIONSHIP 2021
TRYATHLON, OLYMPIC AND SPRINT DISTANCE**





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Rules and Regulations

For a smooth and sporty course of the event, we feel compelled to draw your attention to some important rules:

Participation in the event is at the participant's own risk.

The participant grants indemnity to the organization against all liability and claims possibly resulting from participation in the event.

The officials have the right to disqualify participants for reasons of misbehaviour during or before the race.

The race directors have the right to withdraw participants from the competition for the latter's personal protection, e.g. for medical reasons.

You shall adhere to the directions, instructions and rules of the officials (who can be recognized by clothing marked 'TECHNICAL OFFICIAL') under penalty of disqualification.

These include among others:

- The front of your Trisuit needs to be closed (no bare chest);
- Music devices (iPod, phones, etc) with earphones are not allowed;
- Action cameras (GoPro's etc) attached to your bike or helmet are not allowed;
- Supporters are not allowed to accompany you on bike on the bike- and run course;
- The littering of trash during the competition outside the provided zones in transition area as well as at the beginning and ending of the aid stations of the bike and run courses will end in a disqualification.
- It's not allowed use time trial bikes within tryathlon distance (drafting is allowed) within tryathlon.

Athletes Checklist RACE DAY

TRANSITION

- ☑ Transition Area for the Tryathlon, Sprint, Olympic distance is accessible Friday 27th between 11:30 - 14:00
- ☑ ID Wristband
- ☑ Nutrition to strap/secure to your bike

SWIM

- ☑ Race supplied Swim cap
- ☑ Timing Chip (applied to left ankle)
- ☑ Wetsuit (if applicable)
- ☑ Goggles

BIKE

- ☑ Bike seat post label
- ☑ Bike shoes (in bag or clipped onto bike)
- ☑ Race Bib number (in the bag)
- ☑ Sunglasses (in the bag)
- ☑ Clothing (in the bag)
- ☑ Helmet (in the bag)

RUN

- ☑ Running shoes (in the bag)
- ☑ Sunglasses (in the bag)
- ☑ Hat (in the bag)
- ☑ Clothing (in the bag)



CHALLENGE SAMORIN TRIATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Medical

During the event our Medical Team will take the best care of our athletes. If you have special medical needs, please inform our Head Medic before you start the race. For all medical inquiries contact our head of medical team from

BH- RESCUE:

Name: Branislav Hrčka

Phone: +421 948 622 225

Email: rescuebh@rescue-bh.sk

In case you need medical assistance in the days before or after the race, please contact the front reception of x-bionic® sphere.

Athletes Registration

LOCATION: Congress Room: Energy (Thursday 3pm - 6pm, Friday 9am - 2pm)

Don't forget to bring your personal identification and triathlon federation license card for validation purposes. You can store your bike in the hotel room (If you are accommodated). Taking your bike with you to registration is not allowed

The registration process takes place according to following steps:

Your entry information will be checked and you'll receive the necessities for racing in an envelope.

If you can't provide a triathlon union license card during the registration process, a day license must be acquired for Euro 10.00. (Will be provided by Slovak Triathlon Union at separated desk)

You will also be provided with three bags that are required during transitions and after the race.

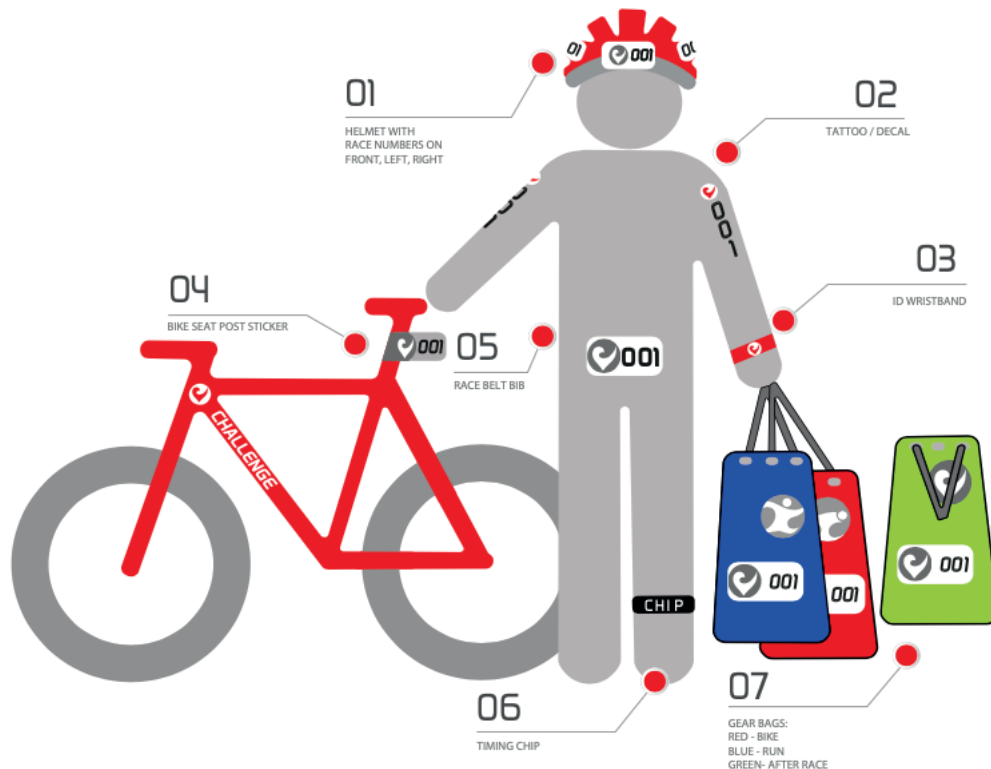
Additionally you will get a voucher for your Athletes Gift, which you can pick up at the x-bionic® store (positions 34 38 at the EXPO zone)

At the final counter, you can buy additional entrance tickets for your families/friends to the Pasta Party (Euro 15 per Ticket), which takes place on Saturday evening. In case there is an issue with your registration, you will be assisted at this desk.

During the Registration Process you will receive all your race gear that you will need on Friday. The race gear consists of the following items:

- Race bib number to be worn on your back during cycling and on your chest during running.
- Tattoos: decals with your bib number which need to be placed on your body: one on your left upper arm and one on your right upper arm (only the Relay swimmers have to place the tattoos on the upper arms).
- Saddle stem flag/label, to be placed under the saddle of your bike.
- Helmet race number sticker, to stick on the front, left and right side of your helmet.
- Swimming cap, to be worn during the swim course
- Three TA bags, to be used as follows:
 - Red** = Containing bike outfit
 - Blue** = Containing run outfit
 - Green** = Containing After race outfit
- Athlete wristband that gives you access to participants' areas, to be worn around the wrist. This wristband will also give you access to the Pasta Party.
- Timing Chip must be worn on the left ankle
- Only official swimming cap, tattoos and stickers must be used. Using other equipment will be punished by DSQ

Please check to ensure that all these items are present. In case of deviations, please report this at the Information Desk.



Timing Info

The progress of your race is registered by Sportstats transponder attached to a soft rubber band with velcro. This transponder needs to be placed on your left ankle during all three parts of the race. As the chip is linked to your race number, please make sure the number the organization has matches the number on the chip. Otherwise your time cannot be registered correctly during the race.

Attachment of the velcro band and timing chip on the left ankle

LIVE timing is available on the website: <http://www.thechampionship.de> and **CHALLENGE FAMILY** mobile app. The new CHALLENGEFAMILY App is available for download from the [Apple AppStore](#) or the [Google Play Store](#).

Information for Relay Starters at the Olympic and Sprint Distance:

Information for Relay Starters:

Each relay receives a transponder for the time-keeping. This transponder has the additional function of a relay baton, therefore it has to be handed over personally from swimmer to biker as well as from biker to runner. The handing over has to be made on the signed spaces of the biker resp. the runner in the transition area.



CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Pasta Party sponsored by Gyermelyi

For all athletes of the Olympic and Sprint Distance, participation in the Carbo Loading party on Saturday is included in the entry fee. In addition, there are a limited number of tickets for accompanying persons. They are available at Euro 15.00 each at the reception of Olym-Pick restaurant or at the registration office. Free entry for children under 12 years. The Pasta Party takes place inside Olym-Pick restaurant. Participants are offered all sorts of food to prepare them best for the Challenge of the next day. Entrance is only allowed with the Pasta Party ticket as handed out during registration or purchased additionally.

Race Briefing

It is obligatory for all athletes to attend the race briefing:

Race Briefing Olympic Distance: Friday, August 27, 2021 at 14.20 at the Danube river bank
Race Briefing Sprint Distance: Friday, August 27, 2021 at 16.40 at the Danube river bank
Race Briefing Tryathlon: Friday, August 27, 2021 at 18.20 at the x-bionic® aquatic sphere

Bike Check- In

Bike and Bike Helmet check-in on Friday 27th August, 2021 11:30 – 14:00.

Location: Farrier's arena in x-bionic® equestor sphere

At the bike check-in, your bike is checked for safety and adherence to the regulations as set out by the World Triathlon. Before checking-in your bike, make sure you have checked the following things:

- 1) Your bike is technically in order, e.g: your brakes are working and there are no open ends on your handle bars.
- 2) The saddle stem ag/label is placed under your saddle.
- 3) On your head you have fastened your helmet containing 3 stickers with your bib number on the front, left and right sides.
- 4) You are carrying your own race bib number around your waist or in your hand.
- 5) There is no loose gear allowed on the ground in the Transition Area. Make sure everything is placed in the designated red or blue bag.

Materials which are attached to your bike (shoes attached / helmet place on steering bar / nutrition) are allowed.

During registration you will receive three differently coloured TA bags. These should be used as follows:

RED bag

Contains all your bike gear that cannot be fixed onto your bike. Included helmet. In the TA, no loose gear is allowed on the ground. This bag is stored in a rack indicated by your bib number in the TA. This bag should be placed on the lowest part of the rack. After the swim, this bag will contain all your swimming gear and can be left after the changing tent.

BLUE bag

Contains all your running gear. It is not allowed to leave this near your bike. This bag should be placed on the upper part of the rack. After the bike course, you put your bike gear in this bag and can be left after the changing tent.

GREEN bag (only for Olympic and Sprint distance)

This bag contains your clean, dry clothes and materials that you need after the finish. This bag must be handed over just before the start (location: next to Swim entrance) and is NOT allowed on the rack in the Transition Area.

After the race, the green bags will be available to you in the Chill-out zone after the finish. The red and blue bags can be retrieved from the Transition Area where you've initially stored them.

TRYATHLON:

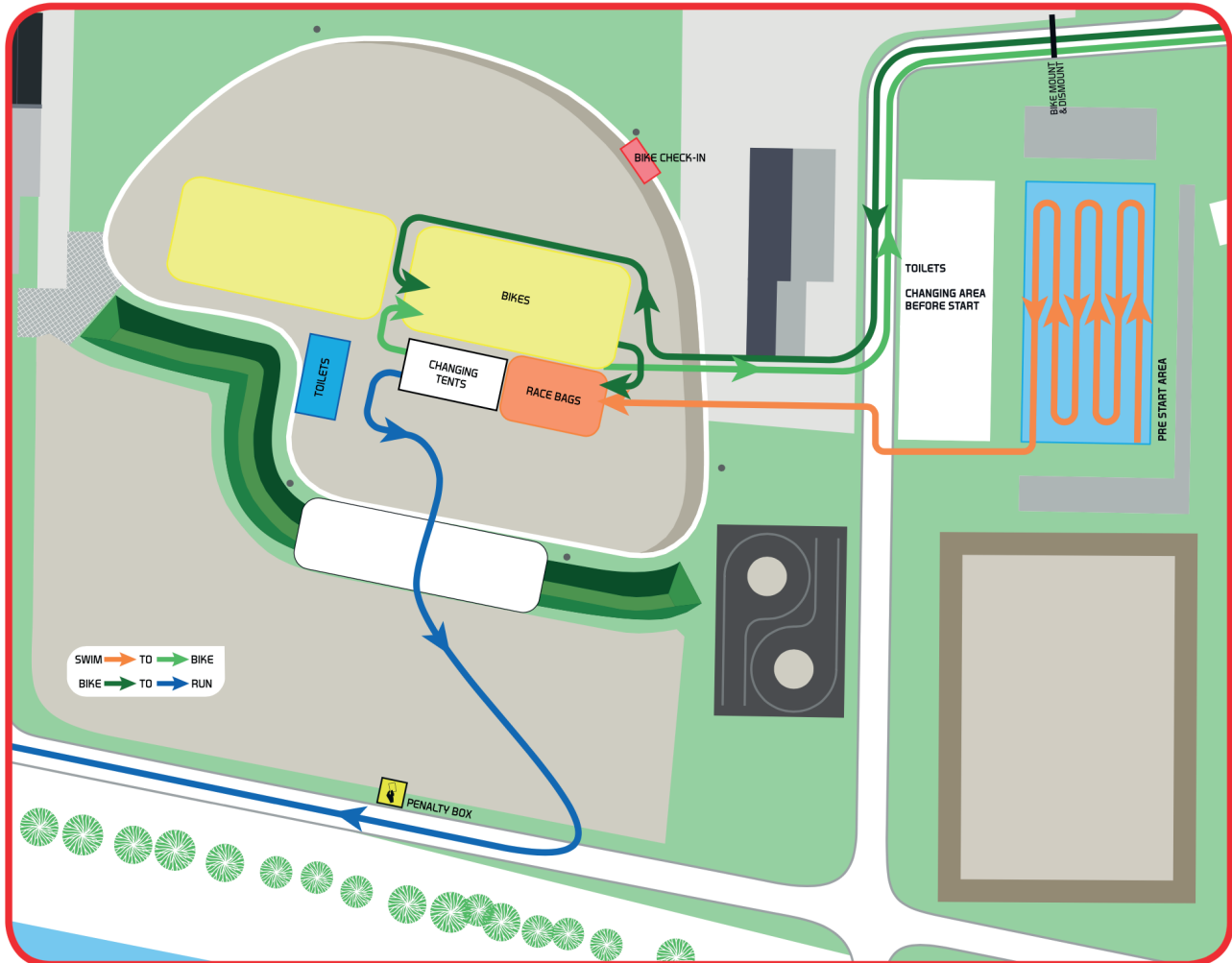
Leave your green bag at the swim start in aquatic sphere and after the race- you can pick your bag up at the same designated area

COURSE INFORMATION

Tryathlon

Swim course

The start procedure is following a time trial procedure. Every 10 seconds one athlete will start (first come, first serve).





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



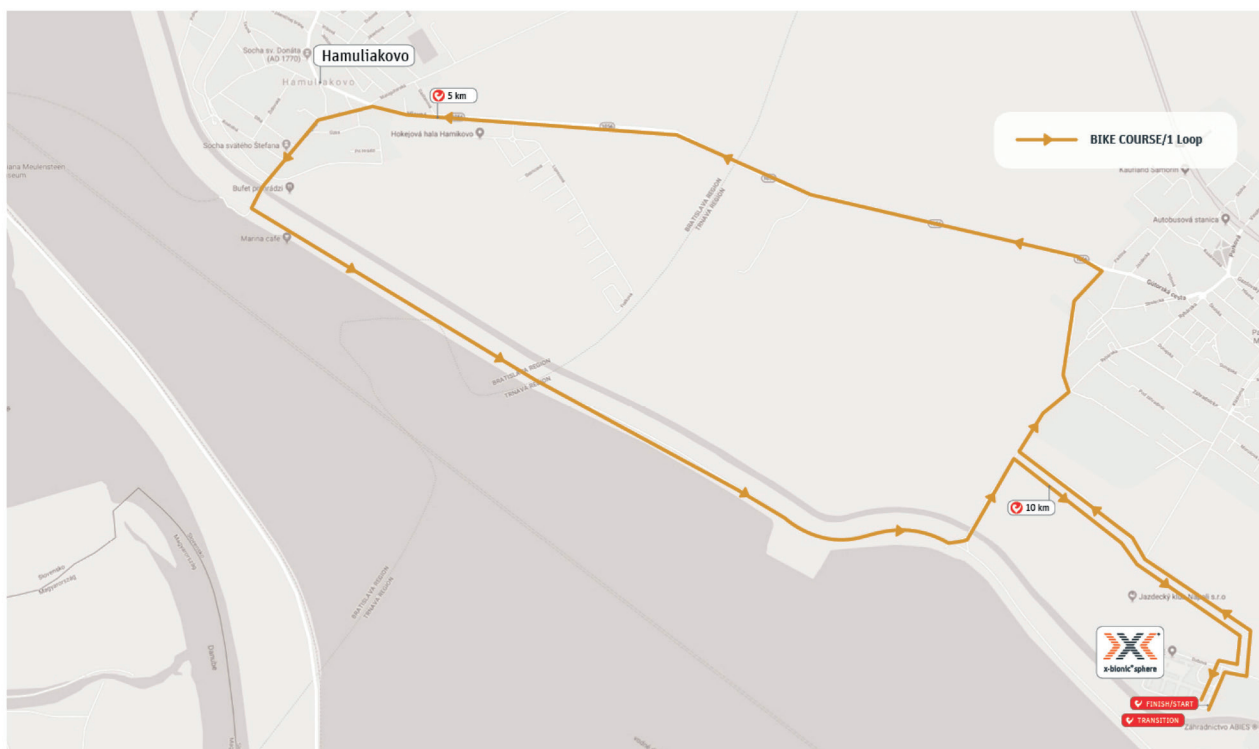
Bike course

TRAFFIC, ROAD CLOSURES

The course is closed for traffic, but as an athlete we still ask you to keep to the right side of the road to allow for other athletes to pass you in the left side. It is strictly forbidden to pass an athlete on the right side. Drafting is permitted for the Tryathlon only. It's not allowed time trial bikes within Tryathlon.



27th August, 2021
BIKE COURSE / TRYATHLON
course distance 13 km/1 loop





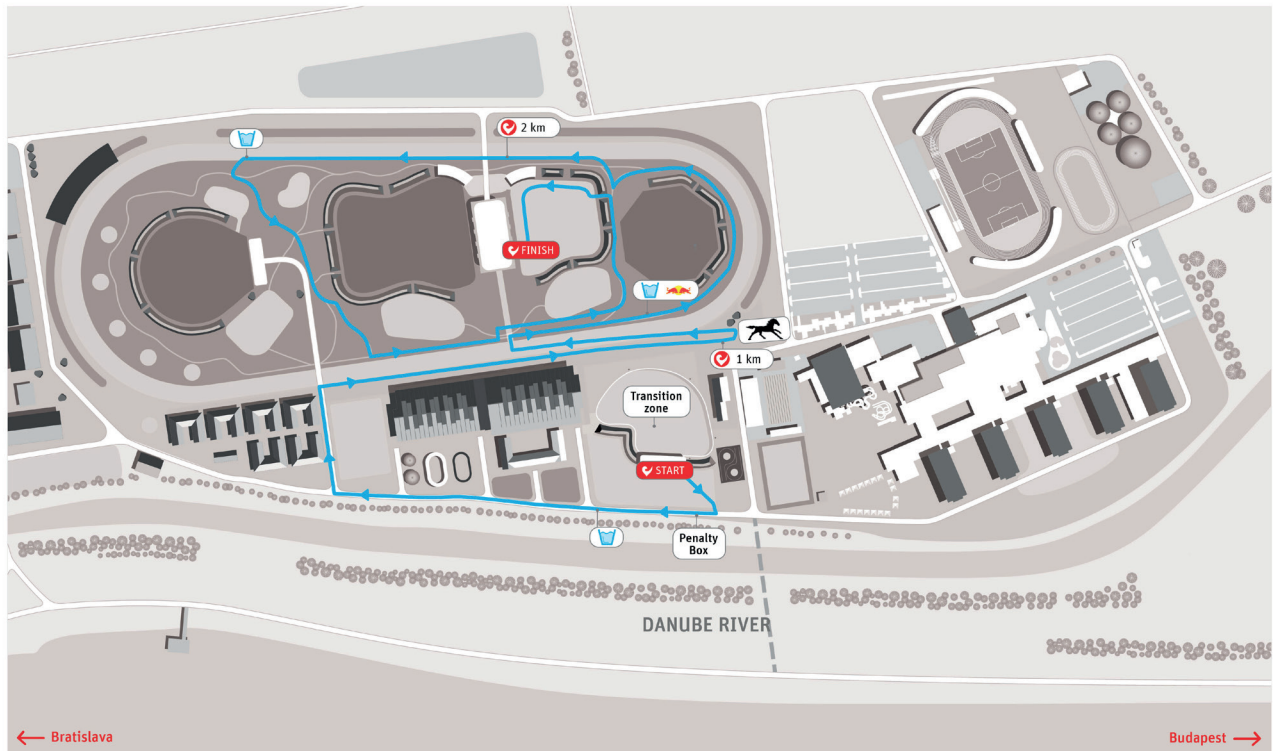
CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Run course



27th August, 2021
RUN COURSE/TRY-ATHLON
course distance 3 km/1 loop





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Olympic Distance

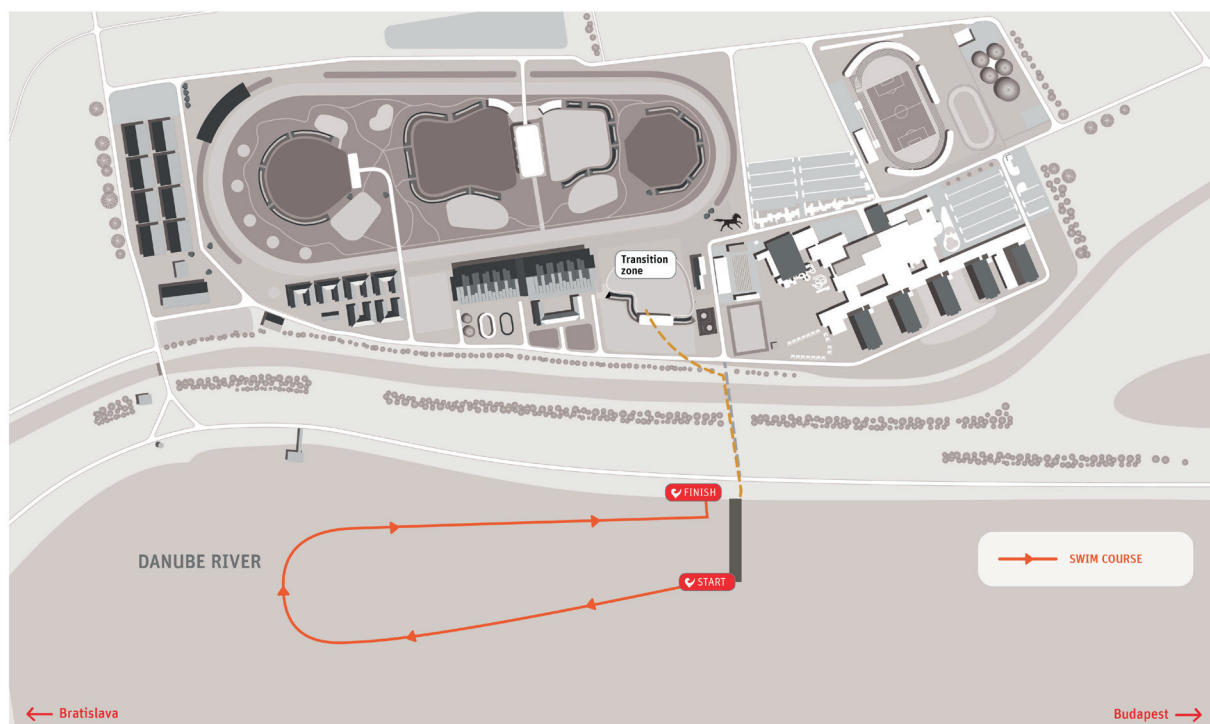
SWIM START

The swim course is guarded by lifeguards and medical staff on boats and supported by volunteers in kayaks. Are you having issues during the swim? Draw attention to the kayaks and they will come to your rescue.

Swim course



27th August, 2021
SWIM COURSE/ OLYMPIC
course distance 1.5 km



ADDITIONAL INFO FOR RELAY TEAM MEMBER

Transition for the Relay Teams is near the entrance of Transition Zone.

Each relay receives a transponder for the time-keeping. This transponder has the additional function of a relay baton, therefore it has to be handed over personally from swimmer to biker. The handing over has to be made on the signed spaces.



CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Bike course

Drafting for the Olympic Distance is not permitted. Minimum spacing 10 m long (front wheel to front wheel).
Overtaking time is maximum 20 seconds. Time trial bikes are allowed.



27th August, 2021
BIKE COURSE / OLYMPIC
course distance 40 km/4 loops





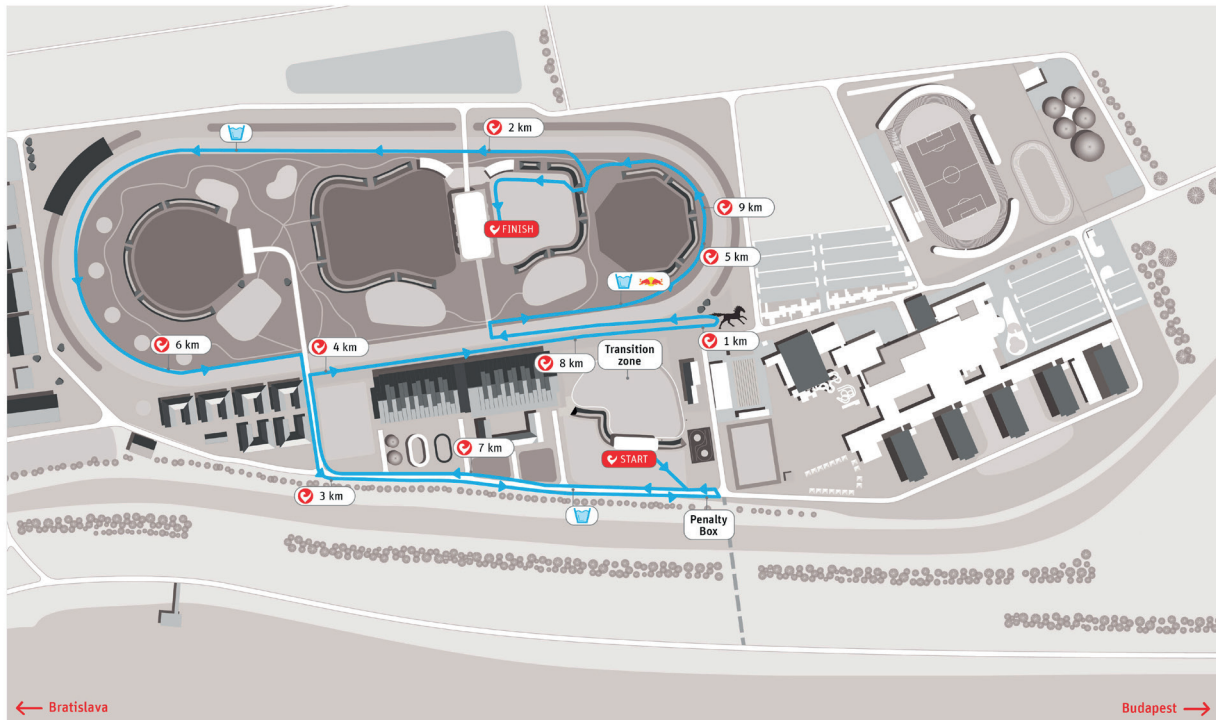
CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



Run course



27th August, 2021
RUN COURSE/OLYMPIC
course distance 10 km/2 loops





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE

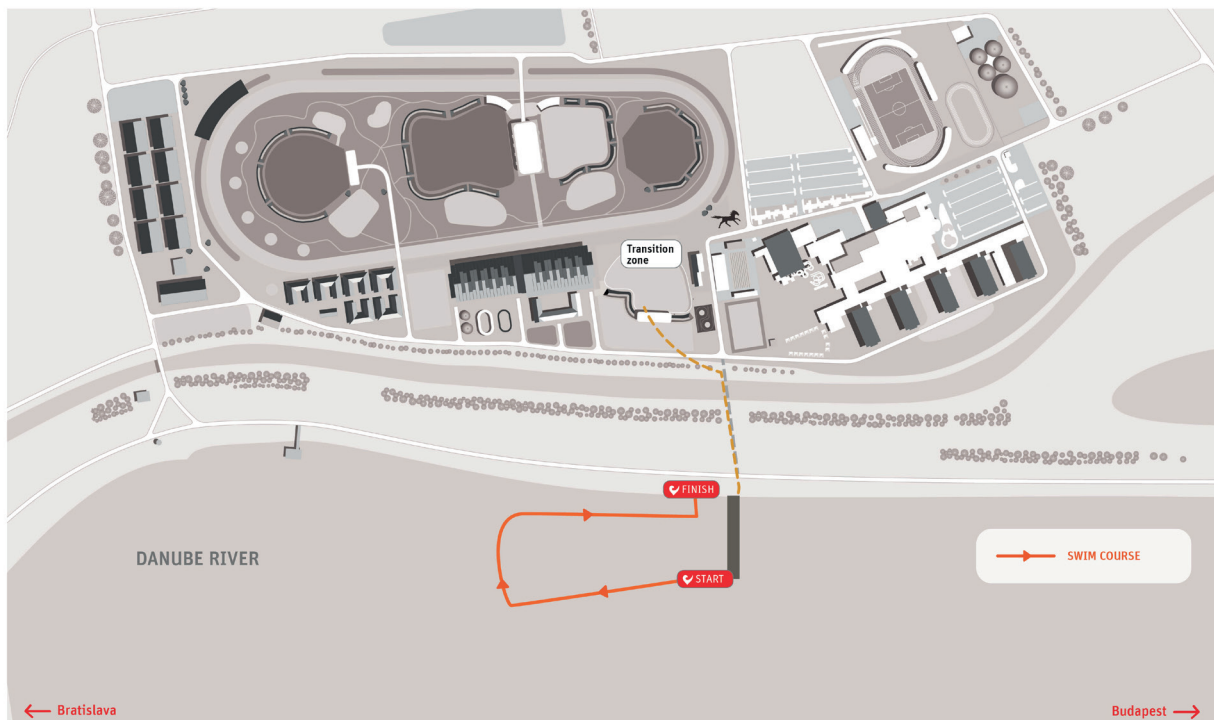


Sprint Distance

Swim course



27th August, 2021
SWIM COURSE/ SPRINT
course distance 750 m





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



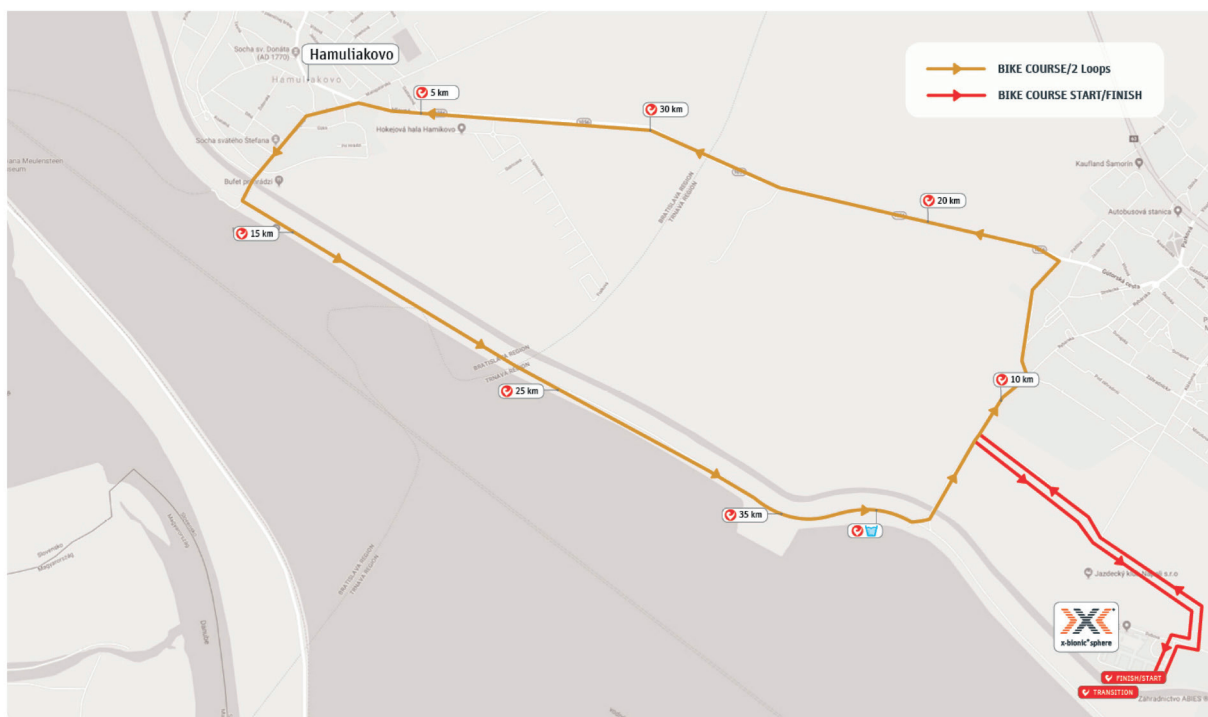
Sprint Distance

Bike course

Drafting for the Olympic Distance is not permitted. Minimum spacing 10 m long (front wheel to front wheel).
Overtaking time is maximum 20 seconds. Time trial bikes are allowed.



27th August, 2021
BIKE COURSE / SPRINT
course distance 20 km/2 loops





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE

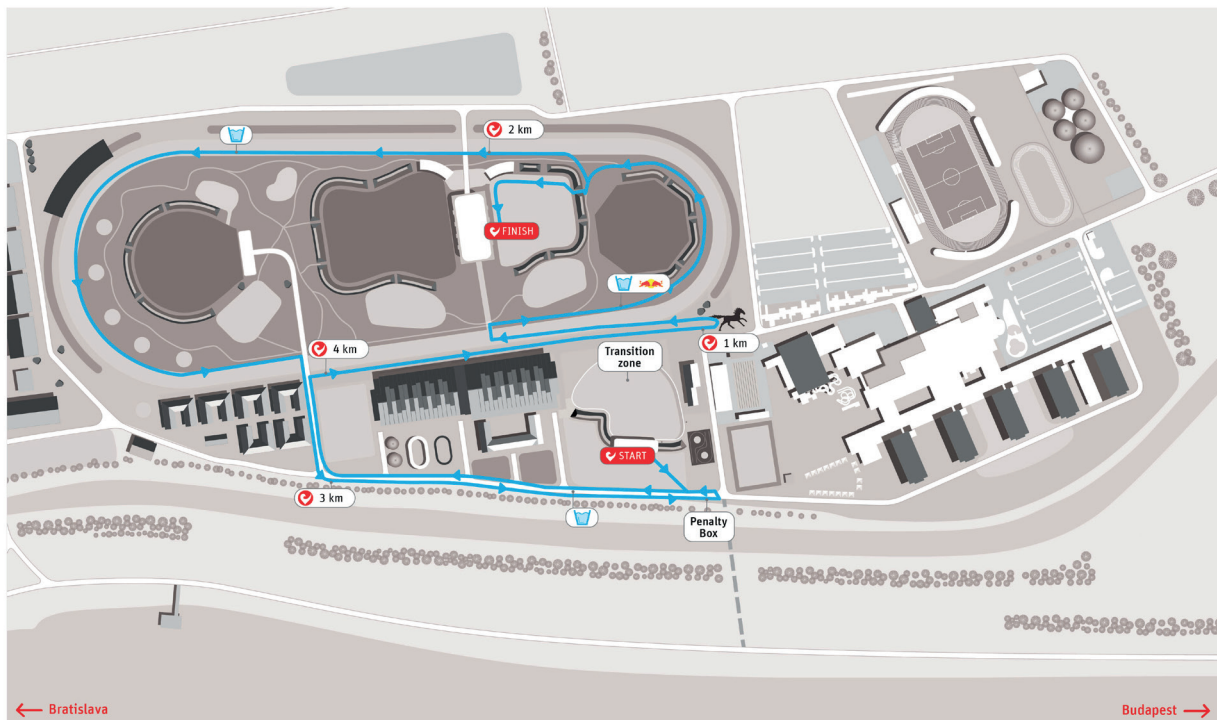


Sprint Distance

Run course



27th August, 2021
RUN COURSE/SPRINT
course distance 5 km/1 loop





CHALLENGE SAMORIN TRYATHLON CHALLENGE SAMORIN OLYMPIC / SPRINT DISTANCE



LOST & FOUND

All lost and found items will be collected at the hotel reception.

After the conclusion of the event, please email thechampionship@challenge-family.com to locate any missing items and schedule returns. Shipping fees will apply.

ADDITIONAL INFORMATION

It is not allowed to use Drones for taking pictures and videos in the whole event and course area.

These signals disturb the signal for the TV livestream.

Unauthorized using of Drones will be reported to the police.

SPONSOR INFORMATION

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HAPPY BIRTHDAY

YOU INSPIRE US!

Andreas Goros
Michael Raelert
Adelaide Goodeve
Karina Nitz
Gregory Becker
Michelle Krebs
Martin Allers
Dalibor Nosek
Joana Wolff

THANK YOU FOR HAVING TO CELEBRATE YOUR BIRTHDAY WITH
US! THANKS TO ALL TRIATHLETES WHO SENT US THEIR STORY

RACE CALENDAR 2021/2022



All races are qualification
races for The Championship



EVENT	RACE DISTANCE	COUNTRY	MONTH	DATE	YEAR	✓
GARMIN CHALLENGE HERNING	MIDDLE	DENMARK	SEPTEMBER	11	2021	<input type="checkbox"/>
CHALLENGE ALMERE-AMSTERDAM	FULL/MIDDLE	NETHERLANDS	SEPTEMBER	12	2021	<input type="checkbox"/>
CHALLENGE SALOU	MIDDLE	SPAIN	OCTOBER	3	2021	<input type="checkbox"/>
CHALLENGE GUNSAN-SAEMANGEUM	MIDDLE	KOREA	OCTOBER	3	2021	<input type="checkbox"/>
CHALLENGE BUDVA MONTENEGRO	MIDDLE	MONTENEGRO	OCTOBER	10	2021	<input type="checkbox"/>
CHALLENGE PEGUERA MALLORCA	MIDDLE	SPAIN	OCTOBER	16	2021	<input type="checkbox"/>
CHALLENGE FLORIANOPOLIS	MIDDLE	BRAZIL	DECEMBER	5	2021	<input type="checkbox"/>
INTEGRITY HOMES CHALLENGE WANAKA	MIDDLE	NEW ZEALAND	FEBRUARY	19	2022	<input type="checkbox"/>
IPPG CHALLENGE VIETNAM	MIDDLE	VIETNAM	MARCH	TBC	2022	<input type="checkbox"/>
CHALLENGE SHEPPARTON	MIDDLE	AUSTRALIA	APRIL	3	2022	<input type="checkbox"/>
CHALLENGE SALOU	MIDDLE	SPAIN	APRIL	3	2022	<input type="checkbox"/>
ANFI CHALLENGE MOGÁN GRAN CANARIA	MIDDLE	CANARY ISLANDS	APRIL	23	2022	<input type="checkbox"/>
CHALLENGE TAIWAN	FULL/MIDDLE	TAIWAN	APRIL	24	2022	<input type="checkbox"/>
CHALLENGE RICCIONE	MIDDLE	ITALY	MAY	1	2022	<input type="checkbox"/>
CHALLENGE CANCUN	MIDDLE	MEXICO	MAY	1	2022	<input type="checkbox"/>
CHALLENGE LISBOA	MIDDLE	PORTUGAL	MAY	7	2022	<input type="checkbox"/>
CHALLENGE SAMORIN/THE CHAMPIONSHIP	MIDDLE	SLOVAKIA	MAY	22	2022	<input type="checkbox"/>
CHALLENGE ST PÖLTEN	MIDDLE	AUSTRIA	MAY	29	2022	<input type="checkbox"/>
CHALLENGE MADRID	MIDDLE	SPAIN	JUNE	5	2022	<input type="checkbox"/>
CHALLENGE HERNING	MIDDLE	DENMARK	JUNE	11	2022	<input type="checkbox"/>
SKODA CHALLENGE GERAARDSBERGEN	MIDDLE	BELGIUM	JUNE	12	2022	<input type="checkbox"/>
CHALLENGE GDAŃSK	MIDDLE	POLAND	JUNE	19	2022	<input type="checkbox"/>
CHALLENGE KAISERWINKL-WALCHSEE	MIDDLE	AUSTRIA	JUNE	26	2022	<input type="checkbox"/>
CHALLENGE MOSCOW	MIDDLE	RUSSIA	JUNE	26	2022	<input type="checkbox"/>
CHALLENGE VANSBRO	MIDDLE	SWEDEN	JULY	3	2022	<input type="checkbox"/>
DATEV CHALLENGE ROTH	FULL	GERMANY	JULY	3	2022	<input type="checkbox"/>
CHALLENGE TURKU	MIDDLE	FINLAND	AUGUST	TBC	2022	<input type="checkbox"/>
CHALLENGE DAVOS	MIDDLE	SWITZERLAND	AUGUST	TBC	2022	<input type="checkbox"/>
CHALLENGE ALMERE-AMSTERDAM	FULL/MIDDLE	NETHERLANDS	SEPTEMBER	10	2022	<input type="checkbox"/>
CHALLENGE BLEĐ	MIDDLE	SLOVENIA	SEPTEMBER	TBC	2022	<input type="checkbox"/>
CHALLENGE PEGUERA MALLORCA	MIDDLE	SPAIN	OCTOBER	15	2022	<input type="checkbox"/>
CHALLENGE GUNSAN-SAEMANGEUM	MIDDLE	KOREA	OCTOBER	TBC	2022	<input type="checkbox"/>
CHALLENGE BUDVA MONTENEGRO	MIDDLE	MONTENEGRO	OCTOBER	TBC	2022	<input type="checkbox"/>
CHALLENGE MALAYSIA	MIDDLE	MALAYSIA	OCTOBER	TBC	2022	<input type="checkbox"/>
CHALLENGE FLORIANOPOLIS	MIDDLE	BRAZIL	DECEMBER	TBC	2022	<input type="checkbox"/>



x-bionic® sphere

the universe of sports, leisure
and innovation



**CHALLENGE
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QUALIFY NOW!

May 22nd, 2022

www.thechampionship.de


**1,9 KM
SWIM**


**90 KM
BIKE**


**21 KM
RUN**

