

QUARANTINE TRAINING CENTER FOR PROFESSIONAL ATHLETES

ENSURING THE CONTINUITY OF SAFE SPORTS TRAINING IN THE FRAMEWORK OF THE HERMETICALLY CLOSED OLYMPIC TRAINING CENTER.



Olympic Training
Center Slovakia



x-bionic® sphere

OLYMPIC TRAINING CENTER AS QUARANTINE TRAINING CENTER FOR TOP ATHLETES

Ensuring the continuity of safe sports training while respecting the stricter regime in the fight against the spread of COVID-19 coronavirus.

Due to the tightened measures taken by the Government of the Slovak Republic in solving the complicated situation of the coronavirus pandemic of COVID-19, our effort has been to find together with the Slovak Olympic and Sports Committee and representatives of individual sports associations solutions to problems in ensuring the training of professional athletes and providing the opportunity to train in a hermetically sealed training center.

Olympic Training Center in Šamorín has unique training conditions for several Olympic sports. This joint initiative resulted in an elaborated proposal for the solution of problems with the training of athletes in the case of general measures and restrictions within the services of accommodation and catering facilities, as well as restrictions on access to sports grounds.

Thanks to this joint initiative, Quarantine Training Center for professional athletes was established in Šamorín from 19 November 2020 (re-opened in December 2021) in order to help sport and ensure the continuity of sports training. The statute of the Quarantine Training Center for top athletes was supported by Ministry of Education, Youth and Sports of the Slovak Republic, as well as the Ministry of Health and Central Crisis Team, respecting the stricter regime in connection with the fight against the spread of the coronavirus COVID-19.

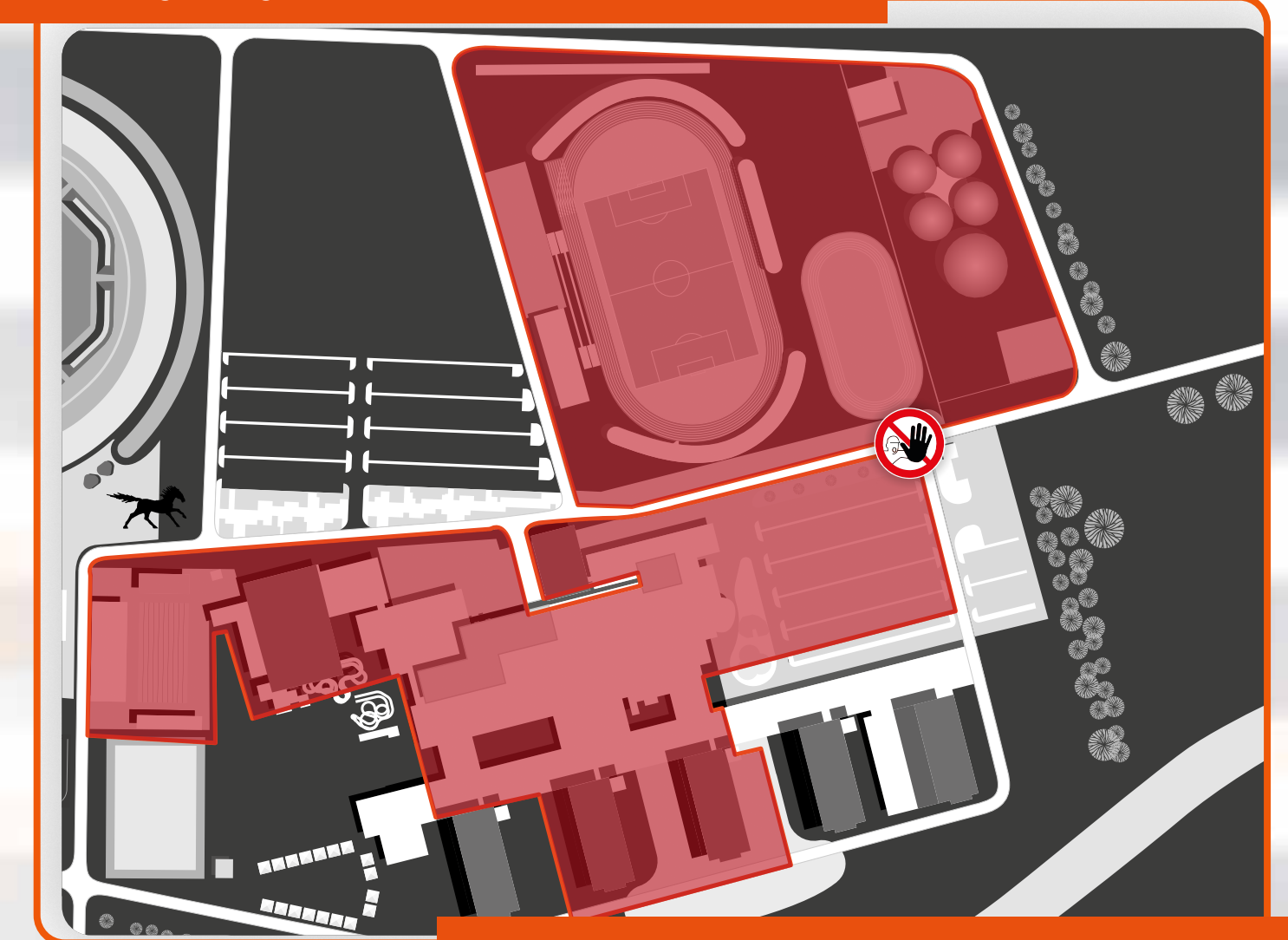
A safe and controlled zone for accommodation, meals and sports training has been created in the area, respecting extraordinary safety and hygiene measures. The regime of operation of the Quarantine center for top athletes is based on valid decisions, regime measures and guidelines so that it is in line with the main mission of public health, which is the protection and promotion of public health.

Creating a secure and controlled zone for accommodation, catering and sports training with strict hygiene and safety measures

See detailed regime of Quarantine training center.



Hermetically sealed area with controlled entry only for authorized athletes



Creating a secure and the controlled zone for accommodation, catering and sports training with strict hygiene and safety measures

Hermetically sealed area with controlled entry only for authorized athletes

Gymnastic hall fully equipped with SPIETH



Full Board buffet catering at Olym-Pick restaurant



Accommodation for athletes in comfortable rooms for up to 4 athletes

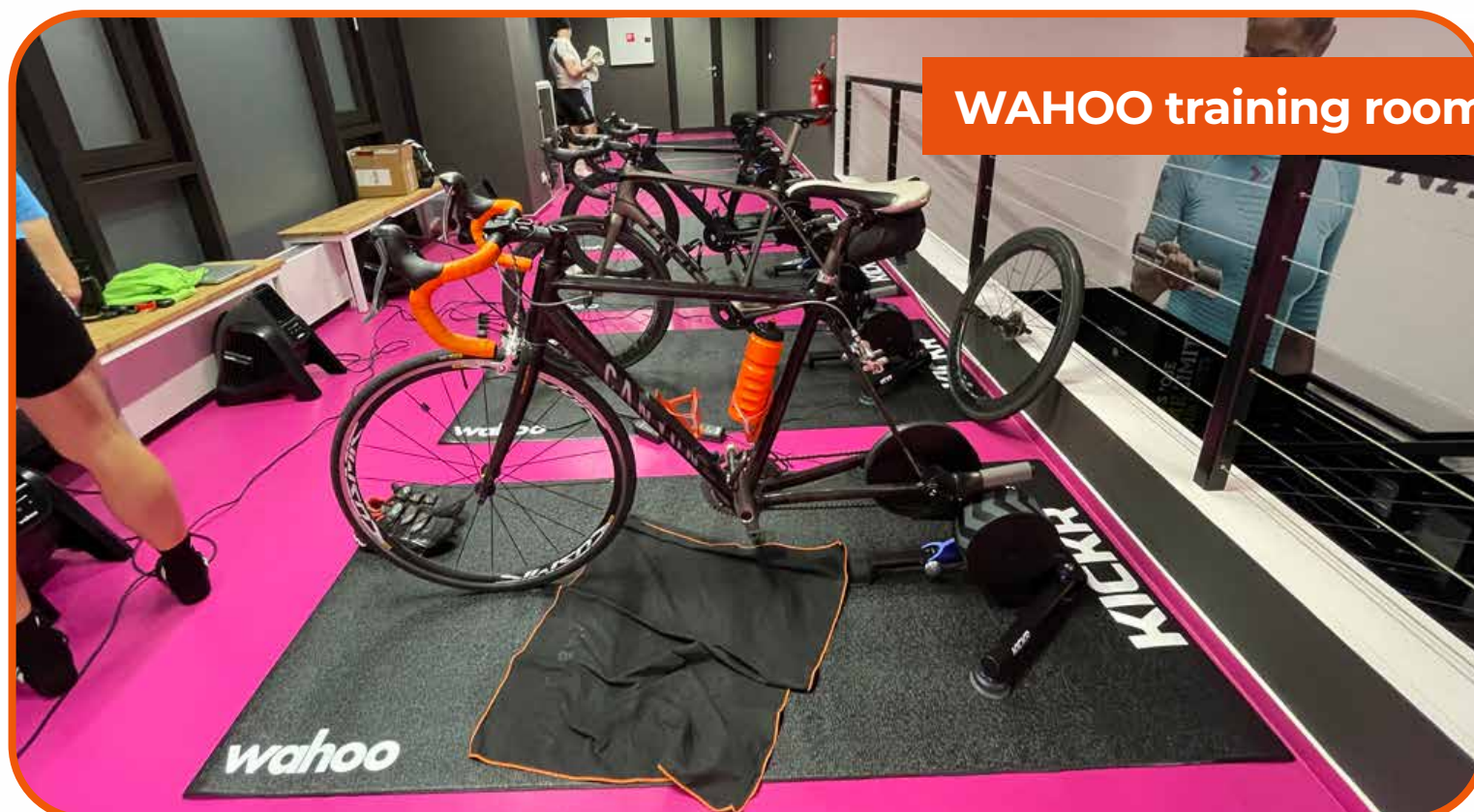


Find out more about Olympic training center



Access only
with a negative COVID-19 test result

WAHOO training room



Indoor pools (25m and 50m Olympic-size pool)



Indoor sports grounds



Wellness and regeneration (incl. cryosauna)



Official olympic training center of Slovakia with indoor and outdoor sports fields for professional athletes

Gym (1000m2 equipped with Eleiko, Cybex and Technogym)



Leisure zones (billiard, bowling, cinema)



PRICE LIST OF ACCOMMODATION, CATERING, AND ACCESS TO SPORTS FACILITIES

Number of Rooms	Length of Stay ¹ (in nights)	Room Price / night ² (up to 4 athletes) Possibility of accommodating up to 4 people per room (all prices include VAT)	Full Board / person per day ³ All you can eat – breakfast, lunch, dinner in Olym-Pick restaurant (all prices include VAT)
5 – 19	7	110 €	35 €
5 – 19	14	105 €	35 €
20 – 39	7	105 €	35 €
20 – 39	14	100 €	35 €
40 +	7	100 €	35 €
40 +	14	95 €	35 €

- 1 – Different length of stay subject to the approval of the Quarantine training center. The operation of the Quarantine training center is subject to a minimum occupancy of 40 rooms at the time.
2 - VAT included in all room prices. City tax of 1.00 € / person / day is not included in the price of the room
3 – Young athletes bellow 12y with 50% discount

PRICE LIST FOR SPORTS FACILITIES AND ADDITIONAL SERVICES:

Swimming Pool / swimming lanes:

Rental of one lane in the 50m pool / 1 hour	25 €
Rental of one lane in the 25m pool / 1 hour	20 €
Use of pool for recovery purposes/ 1,5 hour /person	4.5 €

Gym:

All day entry / person	3 €
Stretching room for rent / 1 hour	FREE

Gymnastics Hall:

One-time entry / 1 hour	15 €
Rental of entire Gymnastics Hall/ 1 hour	100 €

Outdoor Sports Facilities:

Track and Field Lane 400m / person	FREE
Track and Field Lane 200m / person	FREE
Multifunctional Sports Field / person	FREE
Soccer Field / 1 hour	300 €

Other Indoor Sports Facilities:

Indoor Sports Fields / congress halls (e.g. judo, karate, taekwondo, wrestling, modern gymnastics, dancing, etc)	FREE
Wellness and regeneration (1,5 hour)	15 €
Cryosauna - according to availability	
Massage - according to availability	
Laundry Service - according to availability	
Self operated washer / dryer	2.50 € / load
Cinema - according to availability	
Billiard / Table Tennis - free	

PRICE LIST FOR COVID-19 TESTING

Entry LAMP test	25 - 35 € (until the result)
Entry LABORATORY Ag test	25 - 35 € (until the result)
AG screening (after 3 days)	3.5 € / per test

Laboratory diagnosis of COVID-19 by Lamp or AG test is mandatory for every athlete entering the Quarantine Training Center.

QUARANTINE TRAINING CENTER (NOVEMBER 2020 – JUNE 2021)

We were all concerned about the complicated situation of the SARS-CoV-2 coronavirus pandemic and COVID-19. It has not only caused a mass disruption to sports competitions, including the postponement of the Olympic Games, but has also complicated the preparation of Slovak athletes for qualifying events or directly for the Olympic Games.

Therefore, in an effort to help primarily those sports federations whose representatives have already qualified for the Tokyo Olympics or were preparing for qualifying competitions, the Slovak Olympic and Sports Committee has already entered into negotiations with the x-bionic® Olympic Training Center in the first wave of the coronavirus pandemic to ensure Quarantine Training Center for professional athletes, which has been in operation for 8 months.



19 new Slovak records and 12 limits for other world championships



TESTIMONIALS OF SPORTS FEDERATIONS

swimmsvk



IVAN ŠULEK
PRESIDENT OF THE SLOVAK SWIMMING FEDERATION

"It is very positive that our competitors can prepare in this environment, we are glad to have available two pools, fifty and twenty-five meters, excellent food, gym, regeneration, relaxation opportunities such as game room and cinema, and for the needs of students class rooms to study."

SZTS tanecnysport



PETR HORÁČEK
PRESIDENT OF THE SLOVAK DANCESPORT FEDERATION

"Dance sport enjoyed its premiere to 200%! Conditions that were at x-bionic® sphere created border with film studios - accommodation, catering, training facilities and willingness of staff were on world-class level and for our athletes and coaches they were proof that it is possible in Slovakia too! And when it will be only a little possible, we will be happy to return. WE THANK YOU!"



slovenskakanoistika_sprintteam



ANDREJ WIEBAUER
SPRINT CANOE TRAINER

"We would like to thank the Slovak Canoeing team for that we could be part of this great project. In the bubble (quarantine centre) we found everything we needed for quality preparation and increasing sports performance towards the Tokyo 2021 Olympics."




slovenskagymnastickafederacia



INGRID BARUTOVÁ
SLOVAK DANCE SPORTS ASSOCIATION

"The Slovak Gymnastics Federation appreciates very positively creation of the Quarantine Center in Šamorín, especially in a time when all gyms are for our sports closed. Gymnasts here have created excellent and most importantly safe conditions, their training is at a high level. Under one roof they have the opportunity to train, regenerate and also undergo distance learning."

TESTIMONIALS OF SPORTS FEDERATIONS

 slovenskyolympijskytim



ANTON SIEKEL
PRESIDENT OF SLOVAK OLYMPIC


„The Slovak Olympic and Sports Committee considers a Quarantine Training Center in Šamorín as key to maintaining quality continuity sports training not only for our candidates who start at Olympic Games, but also at other top seniors and junior events in various sports.“

 sportschoolkarate



PETER MACKO
REPRESENTATIVE TRAINER OF THE SLOVAK KARATE ASSOCIATION

„x-bionic® sphere has prepared excellent conditions for karate athletes for training, including relaxation and great food... we hope to return again. x-bionic® sphere is really on the highest level.“

 slovensky_zvaz_kickboxu



PETER ONUŠČÁK
PRESIDENT OF THE SLOVAK KICKBOX ASSOCIATION

„On behalf of the Slovak Kickboxing Association, I consider the creation of Quarantine Center a great idea that is excellently implemented down to the smallest detail. Safety of athletes, sports grounds and training conditions, accommodation, diet, regeneration and leisure activities at the top level, were underlined by helpfulness, willingness and professionalism of the staff. THANK YOU from the representation of the Slovak Republic in kickboxing! We look forward to coming back!“

 satkd.wt



TOMÁŠ POTOCKÝ
REPRESENTATION COACH OF THE SLOVAK TAEKWONDO ASSOCIATION

„We are extremely satisfied with the services in your complex. Because your bubble (quarantine centre) has created the conditions for us we do not currently find anywhere else in our preparation for Qualification and OG. I personally, as well as all the representatives, thank you for such an opportunity to devote ourselves fully to training and preparation. We had everything we needed here.“

INCLUSION IN SPORTS COMMUNITY

For the first time in the sports history of Slovakia, Quarantine Center for top sports included swimmers and paraswimmers together at the Grand Prix of Slovakia in swimming. A total of seven paraswimmers from three different clubs. Paralympian Tatiana Blatnerová with already fulfilled limit for the Tokyo Paralympics and Martin Batka, aspiring to meet limits for the Tokyo Paralympics and another of the seven paraswimmers, who already have fulfilled limits for the European Championships in Madeira.

**Special
Olympics
Slovakia**



**Inclusion
in Quarantine
Center**

**Inclusion at
Grand Prix
in swimming**



Vanda Kračunová, also tried training in quarantine centre, a girl with Down syndrome who loves swimming so much that over time she worked into our most successful swimming national team players at the top international competitions and Special Olympics. She has been bravely coping with her health disadvantage since she was a child. Thanks to the integration in the common team of peers and constant support from parents Martin and Erika, together with the coach Lenka Stanková and ŠK Iglovia Spišská Nová Ves she became a multiple champion of Slovakia Special Olympics in swimming and two-time Olympic winner of the Special Olympics in Abu Dhabi.



TESTIMONIALS OF TOP ATHLETES

Athletes in the Šamorín quarantine training centre have a relatively demanding training regime in the form of two-phase training. Nevertheless, they do not devote all their time only to training, but on the contrary, they also try properly to educate. An example is the activity of the Slovak Anti-Doping Agency, which, in addition to educational activities for young athletes in the form of lectures, also performed doping controls among athletes. In addition to the mentioned education, ideal conditions for distance learning are created in the quarantine center. Athletes can choose from individual options study in the room or in a prepared conference room, which is available throughout the day. In addition to sports activities and education, there is also a leisure room with offering various board games, game consoles or bowling.

tomasklo





TOMÁŠ KLOBUČNÍK
OLYMPIAN, PROFESSIONAL SWIMMER, MILITARY SPORTS CENTER DUKLA BANSKÁ BYSTRICA

„Life in the bubble is perfect in terms of sports conditions and in fact for the overall sporting activity. I like that we met athletes from different sports here. It's something New. Maybe I'd like if it worked like this as well in the future. "

vandateam





VANDA KRAČÚNOVÁ
TWO-TIME OLYMPIC WINNER OF THE SPECIAL OLYMPICS

„Many exceptional athletes from Special Olympics Slovakia finished their stay here. Thanks to our trainers our athletes experienced inclusion in x-bionic® as it should be. Sport is the most beautiful and lightest path of inclusion. Thank you for this opportunity. "

zalka_cs





CSABA ZALKA
SPRINT CANOEIST, POLICE SPORTS CENTER

„I think this bubble is a great idea. Various sports are together, in one building and are preparing together. I think it's great."

TESTIMONIALS OF TOP ATHLETES

 _barcinka_



BARBORA MOKOŠOVÁ
EUROPEAN CHAMPION ON PARALLEL BARS, GYMNASTICS

"I am very pleased that the Slovak Gymnastics Federation allowed us to go to the "bubble" because training conditions are not what they should be for a pandemic. We've been here four days and I have to say trainings are at a very high level, we spend daily in the gym eight hours, we also take care of the regeneration."

 nikoleta.trnikova



NIKOLETA TRNÍKOVÁ
FULFILLED B LIMIT AT THE TOKYO OLYMPICS,
PROFESSIONAL SWIMMER

"It is the same as at the training camp. The only one the change is that we do not go to the area and we are constantly in the building. We train two to three times a day, and then many of us prepare for school. I usually spend four hours a day in the water."

 svk_daabousova.miskechova



NAĎA DAABOUSOVÁ
OLYMPIAN, SYNCHRONIZED SWIMMER

"It really makes life a lot easier for athletes to finish distance learning, they turn off computer and in ten minutes they can be next to the pool."

ATTENDANCE OF TOP ATHLETES IN QUARANTINE TRAINING CENTRE



LUKÁŠ KRPÁLEK

CZECH HEAVYWEIGHT JUDOKA 2019 WORLD CHAMPION, FORMER EUROPEAN CHAMPION, DOUBLE OLYMPIC CHAMPION IN 2016 RIO OLYMPICS AND 2020 TOKYO OLYMPICS. HE IS THE MOST SUCCESSFUL JUDOKA IN CZECH AND CZECHOSLOVAK HISTORY. MARCH, JUNE 2021 PRE-GAMES PREPARATION CAMP TOKYO 2020



MARYNA BEKH-ROMANCHUK

UKRAINIAN LONG JUMPER SILVER MEDALIST FROM 2019 WORLD CHAMPIONSHIP IN DOHA JUNE 2021 P-T-S MEETING



ANDRE DE GRASSE

CANADIAN SPRINTER SIX-TIME OLYMPIC MEDALLIST, WON GOLD IN 200M IN THE 2020 TOKYO OLYMPICS JULY 2021 PRE-GAMES PREPARATION CAMP TOKYO 2020



ANDERSON PETERS

GRENADIAN JAVELIN THROWER 2019 WORLD CHAMPION FROM DOHA AND MULTIPLE TIME CARIFTA GAMES CHAMPION. JUNE - AUGUST 2021 P-T-S MEETING PRE-GAMES PREPARATION CAMP TOKYO 2020



BLESSING OKAGBARE

NIGERIAN TRACK AND FIELD ATHLETE OLYMPIC AND WORLD CHAMPIONSHIPS MEDALIST IN THE LONG JUMP, AND A WORLD MEDALIST IN THE 200 METERS. FIRST FEMALE ATHLETE TO RUN 100 M DURING P-T-S MEETING UNDER 11 SECONDS. JUNE - AUGUST 2021 P-T-S MEETING PRE-GAMES PREPARATION CAMP TOKYO 2020



DARYLL NEITA

BRITISH SPRINTER BRONZE FROM TOKYO 2020 OLYMPICS IN 4X100 M RELAY, SECOND FASTEST UK ALL-TIME FEMALE ATHLETE JULY 2021 PRE-GAMES PREPARATION CAMP TOKYO 2020

CONTINUITY OF SPORTS EVENTS IN THE QUARANTINE TRAINING CENTER FOR TOP SPORT



Olympic Training
Center Slovakia

x-bionic[®] sphere



Beat
3 Slovak
records

Qualification for
OG in Tokyo
and the EYOF limit

Participation
240 competitors
from 51 clubs

Fulfilled
12 limits
for European Championship,
European Championship Junior

Participation
4 countries
of European union

Grand Prix Slovakia, Slovak Swimming Federation
(March 5-7, 2021)



Beat
3 Slovak
records

Control races, Slovak Swimming Federation
(February 16-21, 2021)



Beat
13 Slovak
records

Participation
481 competitors
from Slovakia

Control races, Slovak Swimming Federation
(December 18-20, 2020)



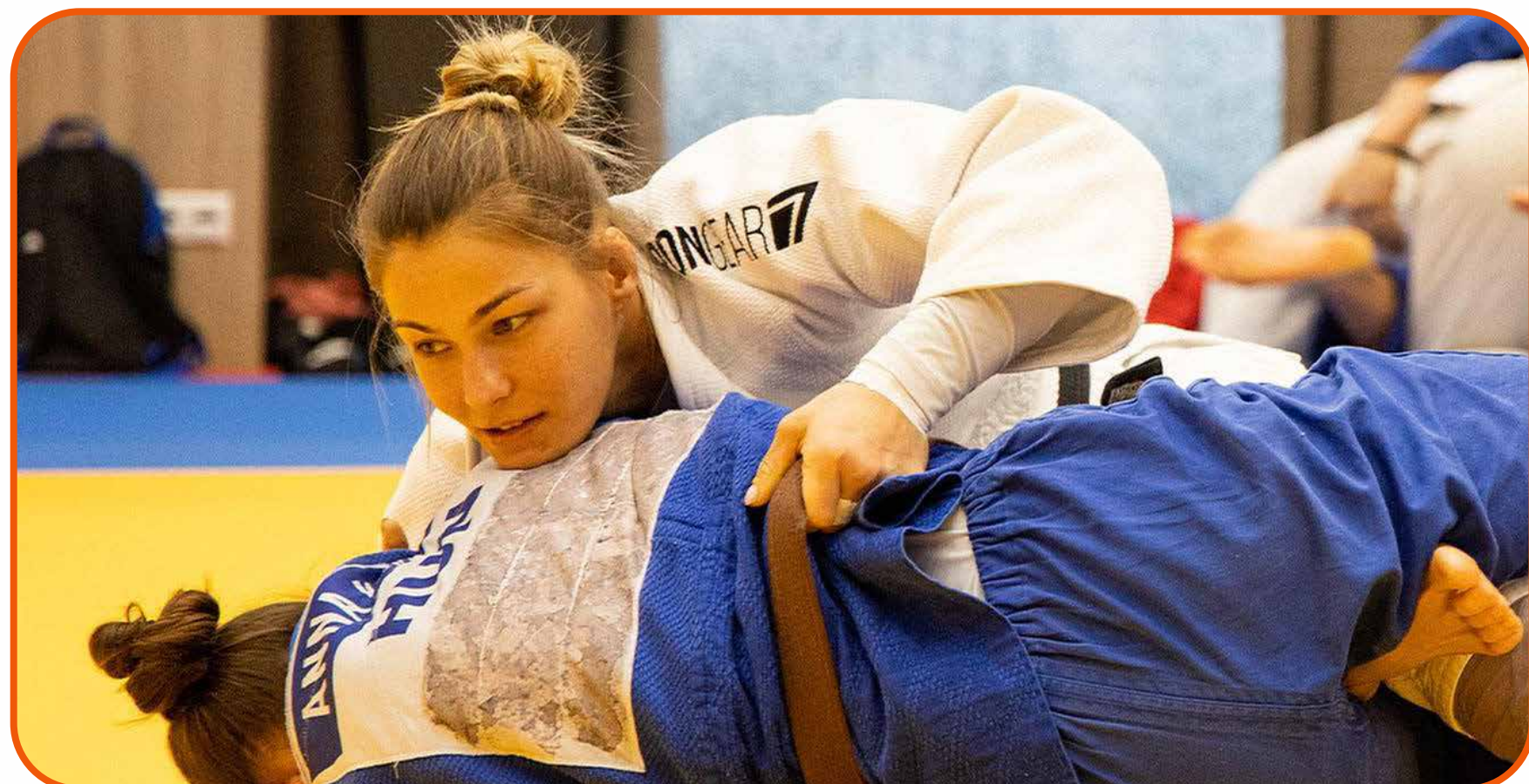
International training camp, Slovak Judo Association
(March 11-16, 2021)



Slovak Republic Championships, Slovak Karate Association
(April 19-26, 2021)

INTERNATIONAL TRAINING CAMP SLOVAK JUDO UNION (MARCH 11-16, 2021)

In cooperation with the Quarantine Center for Top Sports with the Slovak Union of Judo training camp here was at the international level. The camp covered the whole category of judo representatives, ie. from younger categories, adolescents to senior categories in order to contribute to a better, unfortunately limited training at this point preparing athletes for the tournaments that await them this year. The training camp, which was originally scheduled to take place in Nymburk in the Czech Republic, but unfortunately the bad pandemic situation in the country did not allow this in the planned site. Based on this fact, it was transferred after mutual agreement of the Slovak representatives of Judo Union to the Quarantine Center for Top Sports meeting strict safety and hygiene rules.



ottoimala



OTTO-KRISTER IMALA

ESTONIAN REPRESENTATIVE IN JUDO. EUROPEAN CUP WINNER IN TAMPERE 2015.

„This center is truly the best center I have ever been to, the food is excellent, the training options great, the rooms are the same and I'm not even talking about regeneration options.“



stumpnils



NILS STUMP

SWISS REPRESENTATIVE IN JUDO, SILVER FROM GRAND SLAM IN BUDAPEST 2020.

„I think it is an excellent center, best adapted for sports and provides athletes with the best opportunities for training. There are conditions for regeneration, good food and all is very well organized.“

SLOVAK REPUBLIC CHAMPIONSHIPS, SLOVAK KARATE ASSOCIATION (19-26 APRIL 2021)

The Slovak top, with more than 70 nominees, presented themselves at the kate and kumite tournament representatives from 22 clubs all over Slovakia, fighting for the titles of Champions of Slovakia. MSR Tournament seniors was included in the preparation plan for the European Seniors Championships 19 - 23 May 2021 in Croatia in the city of Poreč and at the same time for the Tokyo 2020-Qualifying Tournament June 11 - 13, 2021 in Paris, France. Right now from the qualifying tournament in Paris, the Slovak representatives can directly qualify for the Olympic games in Tokyo.

By completing the MSR, it does not end for the karate athletes, they continue in the Quarantine Center for Top Sports, national team as well as national team coaches stay until Thursday, April 22.

Participation of 70 nominated representatives



22 clubs
from Slovakia



PETER MACKO
REPRESENTATIVE TRAINER OF THE SLOVAK KARATE ASSOCIATION

„X-bionic® sphere has excellent conditions for karate athletes for organizing the Slovak Championships, who continued in training camp. x-bionic® sphere has once again confirmed its high level. ““

Contact: sales@x-bionicsphere.com / karantennecentrum@x-bionicsphere.com



**Olympic Training
Center Slovakia**



x-bionic[®] sphere